

# Analisis praktek residensi spesialis keperawatan medikal bedah dengan penerapan model konservasi levine pada pasien dengan gangguan sistem muskuloskeletal di RSUP Fatmawati Jakarta = Analysis practical residency of medical surgical nursing focusing on patients with musculoskeletal system disturbance using levine conservation model in Fatmawati Hospital Jakarta

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## Abstrak

Laporan praktek residensi spesialis keperawatan medikal bedah, khususnya keperawatan muskuloskeletal telah dilaksanakan selama dua semester yang menggambarkan: pengalaman dalam memberikan asuhan keperawatan dengan pendekatan teori "Model Levine", melaksanakan praktek berdasarkan pembuktian dan kegiatan inovasi. Masalah utama pada pasien muskuloskeletal adalah nyeri, gangguan mobilisasi, risiko infeksi dan cemas. Pendekatan model Levine dapat memfasilitasi pemenuhan pasien beradaptasi secara utuh (wholeness) melalui empat konservasi yaitu integritas energi, struktur, personal dan sosial. External Fixation berisiko terjadi pin site infection, untuk itu dilakukan pencegahan dengan menggunakan Chlorhexidine 0,2% sebagai cleansing agent pin site care. Clinical Practice Guidelines(CPG) yang merupakan bagian dari Clinical pathway dikembangkan sebagai panduan perawat generalis agar dapat secara sistematis melakukan asuhan keperawatan pasca operasi.

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Practical Analysis on Residency of Specialis Medical-Surgical Nursing, focusing on patient with musculoskeletal system disturbance has been implemented for two semesters that describe: experience in providing care to the theoretical approach "Levine Model", implementing evidence-based practice and innovation activities. The main problem the patient's musculoskeletal system are: pain, impaired mobilization and risk of infection as well as anxious. Levine model approach may facilitate patient compliance adapt as a whole (wholeness) through four energy conservation, namely integrity, structure, personal and social. At a risk of external fixation pin site infection, prevention by using Chlorhexidine 0.2% as a cleansing agent pin site care. Clinical Practice Guidelines (CPG), which is part of the clinical pathway developed as a guide can be sistematic generalist nurses perform nursing care after surgery.