

## Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan pada pasien lumbar canal stenosis di Ruang Bedah RSCM = Analysis of urban health nursing clinical practice in patient with lumbar canal stenosis in Surgery Care Room, RSCM

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### Abstrak

Karya ilmiah ini bertujuan untuk mengetahui hasil pengimplementasian evidence based: pencegahan standar & massage + VCO pada pasien dengan resiko terjadi ulkus dekubitus. Klien teridentifikasi dengan lumbar canal stenosis dan memiliki resiko ulkus dekubitus ringan. Pemberian asuhan keperawatan dilakukan selama 5 hari, 2x sehari dalam 5 menit. Indikator terjadinya ulkus dekubitus melihat dari ciri terjadinya ulkus dekubitus grade 1, yaitu: Kemerahan, Perubahan sensasi, Perubahan suhu, dan Perubahan konsistensi. Hasil implementasi menunjukkan bahwa selama 5 hari pemberian implementasi tidak teridentifikasi satupun tandatanda terjadinya ulkus dekubitus. Saran selanjutnya implementasi dapat diberikan pada klien dengan resiko ulkus dekubitus tinggi.

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This study aims to knowing the implementation of evidence based nursing: standard preventing procedure & massage + VCO to patient with a risk for pressure ulcer. The patient who include to this study has lumbar canal stenosis and mild risk for pressure ulcer. The process of Nursing care within 5 days, twice a day in 5 minutes. The indicator for pressure ulcer is refer to characteristic of pressure ulcer stage 1, that is Redness, Alteration of Sensation, Alteration of Thermal, & Alteration of Consistency. The result show that there is no sign of the pressure ulcer indicator in 5 days. Next implementation we recommendation to doing an implementation in severe risk of pressure ulcer.