

Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan pada pasien TB Paru dan intestinal yang mengalami ansietas di Ruang Rawat Gayatri RS. Dr. H. Mardzoeki Mahdi Bogor = Analysis of clinical nursing practice in urban public health to client with pulmonary and Intestinal TB who experiencing anxiety in Gayatri Ward RS. Dr. H. Mardzoeki Mahdi Bogor

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Abstrak

Karya ilmiah ini melaporkan hasil asuhan keperawatan klien dengan ansietas yang menderita TB paru dan intestinal. Klien mengalami ansietas disebabkan oleh nyeri yang belum pernah dirasakan sebelumnya dan hasil pemeriksaan diagnostik terhadap kondisi kesehatannya. Implementasi keperawatan dilakukan sebanyak sembilan kali interaksi, yaitu dengan tarik napas dalam, hipnosis lima jari, meningkatkan kegiatan ibadah, dan melibatkan keluarga.

Hasil berdasarkan respon verbal dan nonverbal klien menunjukkan bahwa ansietas berkurang saat melakukan latihan tarik napas dalam dan hipnosis lima jari, namun saat nyeri terasa maka ansietas muncul kembali. Saran penulisan selanjutnya adalah pemberian asuhan keperawatan ansietas yang sesuai dengan respon klien terhadap masalah fisik.

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The objective of this paper is to report the results of nursing care to client with pulmonary and intestinal TB who experiencing anxiety. Client experiencing anxiety caused by the pain that never felt before and the results of diagnostic tests toward her conditions health. Implementation of nursing care has been done for nine times, such as deep breathing exercise, hypnosis five fingers, support to increasing religious activities, and involving family.

Results of this implementation is based on client's verbal and nonverbal response showed that anxiety was reduced while client doing deep breathing and hypnosis five fingers, but when the pain is appears then anxiety came back. Recommendation for next paper is giving anxiety nursing care according to client's response to physical problems.