

Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan sistem endokrin menggunakan pendekatan teori self care orem di RSUP Fatmawati Jakarta = Practical analysis on residency of medical surgical nursing focusing on patient with endocrine system disturbance using self care orem theory in Fatmawati Hospital Jakarta

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Abstrak

Diabetes mellitus (DM) merupakan kasus yang terbanyak pada gangguan sistem endokrin. Perawat berperan dalam memberi asuhan keperawatan dengan pendekatan teori Self Care Orem yang sistematis memandirikan pasien DM melakukan manajemen DM yang tepat dan terintegrasi dalam kehidupan sehari-hari.

Residensi keperawatan medikal bedah peminatan keperawatan endokrin bertujuan untuk menganalisis kegiatan praktek dengan pendekatan teori Self Care Orem berdasarkan peran sebagai care provider, peneliti, innovator, fasilitator, narasumber, koordinator, dan role model. Hasil penerapan evidence based bahwa three layer bandage (3LB) dapat mempercepat penyembuhan ulkus kaki diabetes sehingga menurunkan length of stay.

Hasil kegiatan inovasi adalah panduan pengkajian psikososial pasien DM sebagai acuan dalam menentukan intervensi yang tepat dapat diterapkan dan mengurangi kejadian gangguan psikososial di RSUP Fatmawati.

Disarankan bagi pelayanan keperawatan bahwa perlu peningkatan pengetahuan perawat secara berkala tentang asuhan keperawatan pada pasien dengan gangguan sistem endokrin berdasarkan evidence based dan terintegrasi dengan teori Self Care Orem.

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Diabetes mellitus (DM) is the most common disturbance in endocrine system. Nurses have a role in giving nursing care using systemically Self Care Orem Theory in order to make diabetes's patient self-cared and integrated in managing his daily life condition.

The purpose of practical residency in Medical Surgical Nursing Focusing on Patient with endocrine disturbance is to analyze practical using Self Care Orem Theory in performing the role of care provider, researcher, innovator, facilitator, resource person, coordinator, & role model.

The result of the implementation of evidence based on three layer bandage (3LB) can improve healing process on diabetic foot ulcer where it can decrease length of stay. The result of the innovation program is the guidance book in diabetic patient assessment in psychosocial issue in determining the proper nursing intervention to decrease psychosocial problem in diabetic patient in Fatmawati hospital.

It is suggested to improve nurses' knowledge periodically on nursing care patient with endocrine system disturbance using evidence based practice that integrated with Self Care Orem Theory.