

Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan sistem muskuloskeletal dengan pendekatan model self care orem di Rumah Sakit Umum Pusat Fatmawati Jakarta = analysis of nursing practice residency of medical surgical nursing to musculoskeletal system disorder patients with orem self care model approach in Fatmawati General Hospital Center Jakarta

Dian Novita, author

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Abstrak

Laporan ini bertujuan untuk menganalisis tentang pengalaman praktik residensi spesialis keperawatan medika bedah dalam menjalankan peran perawat selama praktik keperawatan. Perawat berperan sebagai pemberi asuhan keperawatan, peneliti, pendidik dan innovator di RSUP fatmawati Jakarta. Sebagai pemberi asuhan keperawatan, penulis mengaplikasikan penerapan model self care Orem dalam memberikan asuhan keperawatan pada pasien dengan gangguan system muskuloskeletal. Laporan analisis ini juga menerapkan praktik keperawatan berbasis bukti (Evidence Based Nursing) untuk mengurangi nyeri post operasi ORIF dengan menggunakan tehnik terapi music. Terapi music efektif diterapkan untuk mengurangi nyeri pasien post operasi ORIF. Peran perawat sebagai innovator mencoba menerapkan Clinical Practice Guideline (CPG) pada klien post operasi ekstremitas bawah. Penerapan CPG ini melibatkan tim ruangan tempat lahan praktik. Rumah sakit sebagai institusi pelayanan kesehatan diharapkan dapat mengembangkan sumber daya perawat melalui pendidikan yang berkelanjutan, pelatihan dan pertemuan ilmiah khususnya dibidang ortopedi untuk meningkatkan pelayanan keperawatan yang berkualitas, cepat dan tepat.

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This report was aimed to analyze about the experience of specialist nursing practice residency medical surgical nursing in performing the role of nurses during the nursing practice. Nurse's role as provider of nursing care, researcher, educator and innovator in Fatmawati General Hospital Center Jakarta. As a provider of nursing care, the practitioner applied the model application Orem self care in providing nursing care to patients with f the musculoskeletal system disorder. The analysis report also implemented evidencebased nursing practice (Evidence Based Nursing) to reduce postoperative pain ORIF using music therapy techniques. Music therapy effectively applied to reduce postoperative pain patients ORIF. The role of the nurse as an innovator trying to implement Clinical Practice Guideline (CPG) on the client postoperative at lower extremity. This involves of the application of CPG team room where the place of practices. Hospital as an institution is expected to develop the service of health resources through continuing education nurse, training and scientific meetings in the field of orthopedics in particular to improve the quality of nursing services, progressive and accurately.