

Analisis praktik residensi keperawatan medikal bedah : Penerapan model konservasi Myra E. Levine pada pasien dengan gangguan sistem kardiovaskular di RS Pusat Jantung Nasional Harapan Kita Jakarta = Analysis of medical surgical nursing clinical practice of residency using Myra E. Levine's conservation model on patient with cardiovascular system disorder in National Cardiovascular Center Harapan Kita Hospital Jakarta

Sadar Prihandana, autor

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Abstrak

Karya Ilmiah Akhir menggambarkan pelaksanaan praktik residensi Ners Spesialis KMB, dengan kegiatan menerapkan model Konservasi Myra E. Levine pada proses keperawatan pasien dengan gangguan kardiovaskular, menerapkan praktik keperawatan berdasarkan pembuktian, dan melakukan inovasi keperawatan. Trophicognosis yang paling sering dialami pasien adalah penurunan curah jantung dan gangguan perfusi jaringan: miokard. Intervensi keperawatan dilakukan untuk meningkatkan adaptasi dan mempertahankan wholeness. Pelaksanaan praktik keperawatan berdasarkan pembuktian, dengan memberikan aromaterapi inhalasi lavender selama 10 menit sebelum prosedur PCI untuk menurunkan kecemasan. Pelaksanaan inovasi keperawatan berupa penerapan panduan dan standar prosedur operasional pemberian obat kewaspadaan tinggi (adrenalin, propofol, dan KCl 7,4%) di ICU dewasa.

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The final paper described an overview about implementation of residency practices of Medical Surgical Nurse Specialist using Myra E. Levine's Conservation Model on nursing process with cardiovascular disorder, implementation of nursing practice based on evidence, and implementation of nursing innovation. The most frequent trophicognosis were decreased cardiac output and tissue perfusion disorder: myocard. Nursing intervention was intended to promote adaptation and maintain wholeness. Implementation of evidence based nursing practice was administering aromatherapy lavender inhalation to decrease pra PCI anxiety. Nursing innovation was implementation the guideline and procedure standard of administering high alert medication (adrenaline, propofol, and KCl 7,4%) in adult ICU.