

Manajemen kasus spesialis keperawatan jiwa pada klien risiko perilaku kekerasan menggunakan pendekatan Johnson's behavioural system model di Ruang Gatot Kaca Rumah Sakit Dr H Marzoeeki Mahdi Bogor = Psychiatric nursing specialist case management with aggressive behavior at Gatotkaca Dr H Marzoeeki Mahdi Hospital Bogor

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Abstrak

Perilaku kekerasan merupakan salah satu respon terhadap stresor, ditunjukkan dengan perilaku aktual melakukan kekerasan, baik pada diri sendiri, orang lain maupun lingkungan, secara verbal maupun nonverbal (Stuart, 2009). Klien dengan perilaku kekerasan merupakan cerminan ketidakmampuan klien dalam mengekspresikan emosi marah secara konstruktif. Tujuan penulisan karya ilmiah akhir ini adalah menggambarkan penatalaksanaan asuhan keperawatan dengan pendekatan Johnson's Behavioural System Model pada klien risiko perilaku kekerasan. Intervensi keperawatan yang dilakukan adalah assertive training dan cognitive behaviour therapy pada 13 orang klien dalam kurun waktu 12 Februari - 19 April 2013 di Ruang Gatot Kaca RSMM Bogor.

Hasil pelaksanaan assertive training dan cognitive behaviour therapy dapat menurunkan tanda dan gejala perilaku kekerasan pada aspek kognitif, afektif, fisiologis, perilaku dan sosial dan peningkatan kemampuan coping adaptif dalam menghadapi peristiwa yang menimbulkan perilaku kekerasan. Rekomendasi penulisan ini adalah bahwa penerapan Johnson's Behavioural System Model dengan intervensi keperawatan assertive training dan cognitive behaviour therapy dapat dilakukan untuk menurunkan perilaku kekerasan.

*People would respond to threatening situation/stressor in various ways. Violence was the actual aggressive behaviour directly toward to them selves, other people or external environment, with physical or verbal violence (Stuart, 2009). People with tendency to act aggressively shown that they used destructive coping strategies to express their anger. The objective of this paper was to describe the application of Johnson's Behavioural System Model, focusing on aggressive behavior. Assertive training and cognitive behaviour therapy were recognized as nursing intervention that provided to 13 clients during 12 February - 19 April 2013 at Gatotkaca Dr. H.Marzoeeki Mahdi Hospital-Bogor.*

Result of this study shown that sign and symptoms of aggressive behaviour were decreased (cognitive, affective, psychic, behavior and social) and increased of client's ability to express their emotion in constructive way. This study proved that the application of Johnson's Behavioural System Model with assertive training and cognitive behaviour therapy as nursing intervention were recommended to decrease aggressive behaviour.