

Analisis praktik residensi keperawatan medikal bedah pada gangguan sistem endokrin dengan menggunakan pendekatan model adaptasi roy di RSUP Fatmawati, Jakarta = The analysis of practical residency in medical surgical nursing on disorder endocrine system by using an approach of roy adaptation model in General Hospital Center Fatmawati, Jakarta.

Sodikin, author

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Abstrak

Praktik residensi keperawatan medikal bedah merupakan praktik klinik untuk meningkatkan kemampuan residen dalam mengelola kasus dengan mengintegrasikan peran perawat spesialis dalam memberikan asuhan keperawatan Askep Peran perawat sebagai care provider dan case manager residen mengelola kasus utama pasien DM dan 32 kasus resume dengan menggunakan pendekatan model Adaptasi Roy Peran sebagai reseacher residen menerapkan tindakan keperawatan berbasis bukti EBN yaitu ROM ankle pasien DM dengan venous ulcer Hasil tindakan ROM ankle menunjukkan terdapat peningkatan sudut dorsofleksi dari baseline 9 61 derajat menjadi 11 45 derajat dan sudut plantarfleksi dari baseline menjadi 30 59 derajat menjadi 35 5 derajat serta menurunkan nyeri luka dari baseline skala 4 8 menjadi skala 3 63 Peran sebagai inovator residen menerapkan pedoman pengkajian distress diabetes scale DDS bagi pasien DM Pengkajian DDS dilakukan untuk mengidentifikasi masalah psikososial pasien DM di Rumah Sakit dengan memberikan rekomendasi intervensi berdasarkan 4 domain Kata kunci Praktik residensi Peran perawat model adaptasi Roy pengkajian DDS.

.....A practical residency of medical surgical nursing KMB is a clinical practice for increasing resident rsquo s ability to manage cases by integrating the role of specialist nurse for giving nursing care The role of nursing as a care provider and case manager is the resident manages main cases of DM patient and 32 resume cases of patients with endocrin disorder by using an approach of Roy adaptation model The role of the researcher is the resident implements nursing care and treatment based on the evidence EBN which is called ankle ROM of DM patient with venous ulcer The ROM treatment research shows an increasing values of dorsofleksi angle from the baseline 9 61 becomes 11 45 and plantar fleksi from the baseline 30 59 becomes 35 5 and also reducing wound pain from the baseline 4 8 becomes 3 63 The practical inovator role implements an assessment guideline of distress diabetes scale DDS The DDS rsquo s assessment can be done for screening the psychosocial problem of DM patient in the hospital by recommending an intervention based on four 4 domains Key words Practical residency Nurse role Roy Adaptation model DDS assessment.