

Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan sistem persarafan di RSUPN dr Cipto Mangunkusumo Jakarta = Analysis of medical surgical nursing clinical practice of residency on patient with neurological system disorder at dr cipto mangunkusumo national centre general hospital jakarta

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Abstrak

Praktik klinik lanjut di ruang neurologi untuk memberikan asuhan keperawatan pada pasien gangguan neurologi menggunakan teori keperawatan Model Adaptasi Roy, menerapkan praktik keperawatan berdasarkan pembuktian dan melakukan inovasi keperawatan. Masalah keperawatan terbanyak akibat respon perilaku inefektif pada mode adaptasi fisiologis yaitu perfusi jaringan serebral tidak efektif, dan mode fungsi peran yaitu manajemen kesehatan diri tidak efektif. Intervensi keperawatan berdasarkan pembuktian yang telah diterapkan yaitu Skrining Malnutrisi menggunakan Mini Nutritional Assesment (MNA) dan Barthel Index (BI) yang dapat mendeteksi risiko kejadian malnutrisi pada pasien gangguan neurologi yang di rawat inap, sehingga dapat mencegah malnutrisi dengan kolaborasi dengan tim gizi. Inovasi keperawatan yaitu Bladder Training dengan menggunakan chart Bladder diary untuk mencegah kejadian infeksi nosokomial dan melatih pasien gangguan neurologi agar dapat berkemih mandiri tanpa bantuan alat. Perawat dapat menerapkan Model Adaptasi Roy, menerapkan skrining malnutrisi untuk mendeteksi awal risiko kejadian malnutrisi serta melakukan kegiatan inovatif dalam memberikan asuhan keperawatan pada gangguan neurologi.

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Advanced clinical practice in neurology ward is conducted to give nursing implementation on patients with neurological system disorder by using Roy's Adaptation theory, implementing nursing practice based on evidence and implementation of nursing innovation. The most frequent nursing problems that occurred resulted from ineffective behavior response on physical adaptation mode were ineffective cerebral tissue perfusion and role function mode, ineffective self-care management. Nursing intervention based on evidence-based practice on Malnutrition Screening by using Mini Nutritional Assesment (MNA) and Barthel Index (BI) is used to know the risk of malnutrition on patients with neurological in the ward, so we can prevent malnutrition by collaborating with the nutrition team. Nursing innovation with Bladder Training by using Bladder diary is used to prevent infection in hospital and to train patients with neurological system disorder, so that the patients can be autonomous without using any equipment. Nurses can implement Roy's Adaptation Theory with Malnutrition Screening application to prevent malnutrition, and at the same time it can execute innovation in nursing implementation on patients with neurological system.