

# Hubungan kualitas hidup dan psychological ownership pada pengemudi mobil pribadi usia dewasa muda yang melakukan komuter ke Jakarta = Relationship between quality of life and psychological ownership for car on young adult car drivers who commute to Jakarta

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## Abstrak

Penelitian ini bertujuan untuk menguji hubungan antara kualitas hidup dan psychological ownership pengemudi mobil pribadi yang melakukan komuter ke Jakarta. Penelitian ini adalah penelitian kuantitatif dengan menggunakan alat ukur WHOQOL-BREF dari WHO dan alat ukur psychological ownership. Dalam penelitian ini, peneliti meneliti 60 partisipan yang mengemudi mobil pribadi usia dewasa muda yang melewati jalan tol Karang Tengah ke arah Jakarta setiap hari kerja. Hasil penelitian menunjukkan adanya hubungan secara signifikan antara tiga domain kualitas hidup, yaitu domain physical, social relations, dan environment dan psychological ownership, namun tidak terdapat korelasi secara signifikan antara domain psychological dan psychological ownership pada pengemudi mobil pribadi yang melakukan komuter ke Jakarta.

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The aim of this study was to examine the relationship between quality of life and psychological ownership on young adult drivers who commute to Jakarta. 60 participants who drove their own car, and traveled to Jakarta through Karang Tengah toll way on work days were asked to complete the Quality of Life instruments (WHOQOL-BREF) developed by WHO and Psychological Ownership Scale. The study found significant positive relationships between three domains of quality of life, namely physical, social relations, and environment and psychological ownership. There was no significant relationship between psychological domain and psychological ownership on young adult car driver who commute to Jakarta.