

## Hubungan antara caregiver strain dan kepuasan pernikahan pada istri sebagai spouse caregiver dari penderita stroke = Relationship between caregiver strain and marital satisfaction among wives as spouse caregiver of stroke patients

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### Abstrak

[<b>ABSTRAK</b><br>

Pada saat seorang suami menderita suatu penyakit, maka istrinya adalah yang akan berperan sebagai primary caregiver (Magai, 1996). Sebagai spouse caregiver, seorang istri lebih berisiko untuk mengalami caregiver strain, dimana strain yang dapat ia rasakan adalah akibat dari permasalahan fisik, emosional, kognitif atau sosial yang dialami oleh suaminya. Penelitian ini merupakan penelitian korelasional yang bertujuan untuk mengetahui hubungan antara caregiver strain dan kepuasan pernikahan pada istri yang berperan sebagai spouse caregiver dari penderita stroke. Caregiver strain merupakan persepsi atau perasaan kesulitan atas tugas dan tanggung jawab dalam memenuhi peran sebagai caregiver (Oncology Nursing Society, 2008;

Factor & Weiner, 2008). Kepuasan pernikahan didefinisikan sebagai sikap sejauh mana seseorang menilai hubungan pernikahannya menyenangkan (Roach, Frazier & Bowden, 1981). Alat ukur yang digunakan dalam penelitian ini adalah The Modified Caregiver Strain Index (MCSI) yang dikembangkan oleh Robinson pada tahun 1983

dan telah dimodifikasi oleh Thornton & Travis pada tahun 2003 serta Marital Satisfaction Scale yang dikembangkan oleh Roach, Frazier & Bowden pada tahun 1981. Partisipan yang dilibatkan dalam penelitian ini berjumlah 30 orang. Hasil penelitian ini menunjukkan bahwa tidak terdapat hubungan yang signifikan antara caregiver strain dan kepuasan pernikahan pada istri sebagai spouse caregiver dari penderita stroke

<b>ABSTRAK</b><br>

When a husband suffering from an illness, then his wife will serve as the primary caregiver (Magai, 1996). As spouse caregiver, a wife is more at risk for experiencing caregiver strain, where she can feel the strain as the result of physical, emotional, cognitive or social development problem experienced by her husband. This study is a correlational study aimed to determine the relationship between caregiver strain and marital satisfaction among wives as spouse caregiver of stroke patients. Caregiver strain is a perception or a feeling of difficulty on the task and responsibility in fulfilling the role as caregiver (Oncology Nursing Society, 2008; Factor & Weiner, 2008). Marital satisfaction is defined as attitude of greater or lesser favorability toward one's own marital relationship (Roach, Frazier & Bowden, 1981). Instrument which used in this study are The Modified Caregiver Strain Index (MCSI) developed by Robinson in 1983 and has been modified by Thornton & Travis in 2003 and Marital Satisfaction Scale developed by Roach, Frazier & Bowden in 1981.

Participants who were included in this study is 30 people. The results showed that

there is no significant relationship between caregiver strain and marital satisfaction among wives as spouse caregiver of stroke patients., When a husband suffering from an illness, then his wife will serve as the primary caregiver (Magai, 1996). As spouse caregiver, a wife is more at risk for experiencing caregiver strain, where she can feel the strain as the result of physical, emotional, cognitive or social development problem experienced by her husband. This study is a correlational study aimed to determine the relationship between caregiver strain and marital satisfaction among wives as spouse caregiver of stroke patients. Caregiver strain is a perception or a feeling of difficulty on the task and responsibility in fulfilling the role as caregiver (Oncology Nursing Society, 2008; Factor & Weiner, 2008). Marital satisfaction is defined as attitude of greater or lesser favorability toward one's own marital relationship (Roach, Frazier & Bowden, 1981). Instrument which used in this study are The Modified Caregiver Strain Index (MCSI) developed by Robinson in 1983 and has been modified by Thornton & Travis in 2003 and Marital Satisfaction Scale developed by Roach, Frazier & Bowden in 1981. Participants who were included in this study is 30 people. The results showed that there is no significant relationship between caregiver strain and marital satisfaction among wives as spouse caregiver of stroke patients.]