

Hubungan antara trait kepribadian neuroticism dan psychological well-being pada mahasiswa tingkat akhir Universitas Indonesia = The relationship between personality trait neuroticism and psychological well-being among senior college students Universitas Indonesia

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Abstrak

[ABSTRAK

Penelitian ini dilakukan untuk melihat hubungan antara trait kepribadian neuroticism dengan psychological well-being pada mahasiswa tingkat akhir

Universitas Indonesia. Penelitian ini menggunakan pendekatan penelitian kuantitatif dengan menggunakan kuesioner sebagai alat pengambilan data. Data

penelitian kemudian diolah dengan menggunakan teknik statistik Pearson Product-Moment Correlation.

Partisipan dalam penelitian ini berjumlah 111

orang mahasiswa tingkat akhir Universitas Indonesia dengan rentang usia 20-25

tahun. Penelitian ini menggunakan alat ukur trait neuroticism yang diambil dari

NEO-FFI versi singkat dan alat ukur psychological well-being yaitu Ryff's Scales

of Psychological Well-Being yang dikembangkan oleh Ryff (1995). Hasil penelitian menunjukkan terdapat hubungan yang negatif dan signifikan antara

trait kepribadian neuroticism dan psychological well-being.

ABSTRAK

This research was conducted to find the relationship between personality trait neuroticism and psychological well-being among senior college students of Universitas Indonesia. This research used quantitative approach. Data was

collected using questionnaire and then processed using Pearson Product-Moment Correlation technique. The participants in this research were 111 students aged

20-25 years old. Instrument of trait neuroticism was taken from the NEO-FFI

short version and instrument of psychological well-being is Ryff's Scales of

Psychological Well-Being that was developed by Ryff (1995). The result showed

that there is negative and significant correlation between personality trait

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