

Kelompok swabantu sebagai bentuk intervensi pengendalian Hipertensi berbasis pemberdayaan masyarakat di Kelurahan Pasir Gunung Selatan Kecamatan Cimanggis Depok = Swabantu group Hypertension control efforts based on community empowerment on Pasir Gunung Selatan town in Cimanggis Depok

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Abstrak

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Kelompok swabantu merupakan salah satu bentuk intervensi keperawatan dalam upaya pengendalian hipertensi pada agregat lansia berbasis pemberdayaan masyarakat. Integrasi teori manajemen, model community as partner, family center nursing, dan self care digunakan sebagai kerangka kerja praktik residen keperawatan komunitas melalui pendekatan pengelolaan pelayanan keperawatan, asuhan keperawatan komunitas dan asuhan keperawatan keluarga. Tujuan kegiatan kelompok swabantu adalah meningkatkan perawatan hipertensi pada lansia secara mandiri di masyarakat. Hasil kegiatan kelompok swabantu menunjukkan terjadinya peningkatan pengetahuan anggota sebesar 29,4% dan penurunan tekanan darah rata-rata 10-20 mmHg. Kelompok swabantu disarankan dibentuk sebagai upaya kesehatan berbasis masyarakat.

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ABSTRACT

Self-help group is a form of nursing intervention as hypertension control in the elderly which based on community empowerment. Integration of management theory and three models: community as a partner, family center nursing and self care were applied as framework for community health nursing specialist practice with management health service, community nursing and family nursing care approaches. The practice aimed to improve hypertension care independently in the community. It showed an increased knowledge of group members to 29,4% and reduced blood pressure 10-20 mmHg in average. It is suggested to form self help group in each RW., Self-help group is a form of nursing intervention as hypertension control in the elderly which based on community empowerment. Integration of management theory and three models: community as a partner, family center nursing and self care were applied as framework for community health nursing specialist practice with management health service, community nursing and family nursing care approaches. The practice aimed to improve hypertension care independently in the community. It showed an increased knowledge of group members to 29,4% and reduced blood pressure 10-20 mmHg in average. It is suggested to form self help group in each RW.]