

Metode permainan dalam model edukasi sebaya sebagai strategi peningkatan kesehatan reproduksi remaja berbasis pemberdayaan siswa di MTs Kelurahan Tugu Depok = Method in the game as a model of peer education with games as strategy to improve adolescent reproductive health based on students' empowerment of at Madrasah Tsanawiyah Village Tugu Depok

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Abstrak

Remaja berisiko terhadap masalah kesehatan reproduksi akibat faktor perkembangan dan pengaruh pergaulan sebaya. Model edukasi sebaya akan efektif dengan pendekatan metode permainan. Integrasi comprehensive school health dan family center nursing model menjadi kerangka kerja praktik spesialis keperawatan komunitas melalui pendekatan manajemen pelayanan keperawatan komunitas, asuhan keperawatan komunitas dan keluarga.

Tujuan praktik adalah meningkatkan pengetahuan, sikap dan perilaku siswa terhadap kesehatan reproduksi melalui model edukasi sebaya.

Hasil praktik menunjukkan peningkatan pengetahuan sebesar 17%, sikap positif 15%, dan perilaku tidak berisiko 7%. Metode permainan dalam model edukasi teman sebaya efektif mengubah perilaku kesehatan reproduksi remaja.

*Adolescents are at risk for reproductive health problems due to developmental factors and the influence of peer relationships. Model of peer education will be effective with games approach. Integration of comprehensive school health and family center nursing model became the framework of practice with management of community nursing services, community and family nursing care approaches.*

*It aimed to increase knowledge, attitudes and behavior of students on reproductive health.*

*It showed an increase in knowledge (17%), positive attitude (15%), and un-risky behavior (7%). Game method in peer education model is effective to improve adolescent reproductive health behavior.*