

# Efek model asuhan keperawatan holistik adaptif terhadap kemampuan adaptasi pasien kanker serviks di Rumah Sakit Umum Bandung = The effect of holistic adaptive care model to adaptibility of cervical cancer patient at General Hospital in Bandung

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Abstrak

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Peningkatan kasus kanker serviks di Indonesia mengakibatkan permasalahan kompleks, menyangkut seluruh aspek kehidupan, membutuhkan penanganan holistik agar pasien adaptif. Penelitian ini bertujuan untuk membuat dan mengevaluasi model asuhan keperawatan holistik-adaptif sebagai upaya membantu mengatasi permasalahan melalui peningkatan kemampuan adaptasi pasien secara fisik, psikologis, sosial dan spiritual. Desain penelitian Action research dengan pendekatan mixed methods pada pengkajian masalah, pengembangan, dan evaluasi model. Model diaplikasikan di Bandung pada 96 responden pada dua kelompok berbeda. Sampel diambil purposive, matching, randomization. Hasil menggambarkan model yang diterapkan mampu membantu kelompok intervensi beradaptasi 22,4 kali dibanding kelompok kontrol,  $p=0,005$ . Confounding faktor adalah self-efficacy. Faktor lainnya yang berpengaruh adalah pekerjaan, dan stadium penyakit. Keberhasilan intervensi ditentukan oleh kemampuan perawat/bidan saat melakukan asuhan keperawatan.

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The complex problems caused by increasing cases of cervical cancer in Indonesia needs a holistic approach to guide patient adaptive to new condition. This research aims to create a model to help patient during adaptation process physically, psychological, socially and spiritually. Design was action research, used mixed methods during problem identification, model development and model evaluation. Model applied at a General Hospital in Bandung. Samples were taken purposively, matching, randomization. The results illustrate the ratio between the intervention and control groups based on adaptability was 22,4 : 1,  $p=0,005$ . Confounding factors was self-efficacy. Other factors that influences adaptation process were stadium and work. Success of the intervention determined by the ability of nurses or midwives in performing nursing care., The complex problems caused by increasing cases of cervical cancer in Indonesia

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