

Gizi anak sekolah seimbang sebagai strategi intervensi keperawatan komunitas pada anak usia sekolah gizi kurang di Cisalak Pasar, Cimanggis, Depok = Child nutrition balance as the intervention strategy of nursing community to the children school whom are less nutritional in Cisalak Market, Cimanggis, Depok

Herlina, author

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Abstrak

Program gizi anak sekolah seimbang yang dijadikan bentuk intervensi keperawatan komunitas untuk menanggulangi masalah gizi kurang, yang dilakukan oleh keluarga dan anak usia sekolah dengan pemberdayaan masyarakat dibentuk kelompok pendukung (KP GASS) sebagai wadah yang mendukung terlaksananya program inovasi GASS. Penulisan bertujuan memberikan gambaran pelaksanaan GASS dalam pelayanan asuhan keperawatan komunitas integrasi model manajemen pelayanan kesehatan, CAP, FCN, dan TPP pada anak usia sekolah gizi kurang di Kelurahan Cisalak Pasar, Depok. Hasil praktik KM GASS sebagai penilaian penerapan GASS, terjadinya peningkatan status gizi anak usia sekolah sebanyak 80% anak terjadinya peningkatan BB dan tinggi badan selama 8 bulan, peningkatan pengetahuan keluarga 7,3, sikap 7,82, dan keterampilan keluarga 23,2 dari 2 SD, KP GASS aktif sampai akhir evaluasi kader yang aktif 7 orang yang sebelumnya 10 orang, tingkat kemandirian keluarga dari 10 keluarga 70% keluarga dengan tingkat kemandirian IV.

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The Balanced Nutrition program of school-age children as the intervention strategy of Nursing Community to cope the malnutrition problem, performed by school-age children and family with the empowerment community in a supported group (as called KP GASS), it is a forum whom support the GASS innovation program. The aim of writing is to give the scheme of GASS implementation in the service nursing community care of health service, integrated with a model of health service management, CAP, FCN, and TPP on the malnutrition of school-age children in the Cisalak market district, Depok. The result practice of KM GASS as the assessment of GASS implementation, an increased occurrence of nutrition status of school-age children as much as 80% of the children have overweight body scale and height for 8 months, the increasing family knowledge being 7.3, the behaviour 7.82 and the family comprehension skill being 23.2 from two (2) elementary school level, KP GASS is still active until the end of evaluation cadres active 7 people who formerly 10 people, the level of self-sufficiency family from 10 families with 7 people are still active as the previous analysis in ten (10) people, 70% family could be in the 4th level of self-sufficiency.