

Perbandingan kepuasan pernikahan berdasarkan tipe pasangan pada pasangan yang menikah melalui ta'aruf = Comparison of marital satisfaction by couples types in arranged ta'aruf married couple

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Abstrak

Di Indonesia, terdapat pasangan yang menikah melalui proses ta'aruf. Ta'aruf adalah proses perkenalan berdasarkan nilai agama Islam berupa adanya batasan durasi perkenalan dan interaksi antara laki-laki dan perempuan dengan tidak diperkenankan adanya kontak fisik. Proses ta'aruf juga mensyaratkan adanya mediator bagi calon pasangan untuk berkenalan. Sementara itu diketahui bahwa and religiusitas individu dan durasi mengenal pasangan sebelum menikah berhubungan dengan kepuasan pernikahan. Penelitian sebelumnya menunjukkan bahwa terdapat perbedaan kepuasan pernikahan berdasarkan tipe pasangan pada masyarakat Barat. Berdasarkan studi literatur, belum ada penelitian yang melihat perbandingan kepuasan pernikahan berdasarkan tipe pasangan dalam konteks pernikahan melalui ta'aruf.

Maka penelitian ini bertujuan untuk melihat perbandingan kepuasan pernikahan berdasarkan tipe pasangan pada 62 individu yang menikah melalui ta'aruf. Hasil menunjukkan terdapat perbedaan kepuasan pernikahan yang signifikan antara tipe pasangan tradisional, separated, dan campuran ($F = 3,569$, $p < 0.05$, two-tailed.) Analisis data tambahan menunjukkan terdapat perbedaan kepuasan pernikahan yang signifikan antara tipe pasangan tradisional, separated, dan independen ($F = 3,807$, $p < 0.05$, two-tailed.) pada pria yang ta'aruf, sementara tidak demikian pada subjek penelitian wanita ($F = 2,943$, $p > 0.05$, two-tailed.)

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In Indonesia, there are couples who got married through the process of ta'aruf. Ta'aruf is acquaintanceship process based on the value of Islam which limit the duration of introductions and interactions between men women with no physical contact allowed. Ta'aruf also requires a mediator for the prospective couples to get acquainted. It is known that individual religiosity and acquaintance duration before marriage are associated with marital satisfaction. Previous research suggests that there are differences in marital satisfaction by couple types in Western society. However, there are no studies that look at the comparison of marital satisfaction by couple types in the context of marriage through ta'aruf.

This study aims to compare the marital satisfaction by couple types in 62 individuals who are married through ta'aruf. The results showed there were significant differences in marital satisfaction between traditional, separated, and mixed couples ($F = 3.569$, $P < 0.05$, two-tailed.) Additional data analysis showed that there were significant differences in marital satisfaction between traditional, separated, and independent ($F = 3.807$, $p < 0.05$, two-tailed.) among men who did ta'aruf. In contrast, there were no significant differences in marital satisfaction between traditional, separated, and independent among women ($F = 2.943$, $p > 0.05$, two-tailed.)