

## Hubungan antara status identitas dengan efikasi diri pengambilan keputusan karier pada siswa kelas x sma = The relationship between identity status and career decision making self efficacy of tenth grade students / Fatmawati Indah Purnamasari

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### Abstrak

#### **ABSTRAK**

Efikasi diri pengambilan keputusan karier diprediksi oleh status identitas. 191 partisipan, yaitu siswa kelas X SMA Negeri dan Swasta yang telah mengambil keputusan peminatan, memberikan respon pada Extended Objective Measure of Ego Identity Status 2 (EOM-EIS 2) yang mengukur status identitas. Partisipan juga memberikan respon pada Career Decision Self-Efficacy – Short Form (CDSE-SF) yang mengukur efikasi diri pengambilan keputusan karier. Dari pengujian hipotesis menggunakan One Way Anova, didapatkan nilai  $F(3, 187) = 6.319, p < 0.05$ . Hal ini menunjukkan adanya perbedaan mean efikasi diri pengambilan keputusan karier berdasarkan status identitas siswa kelas X SMA. Dengan kata lain, terdapat hubungan antara status identitas dengan efikasi diri pengambilan keputusan karier. Dari analisis post hoc menggunakan Tukey HSD, didapatkan hasil bahwa mean efikasi diri pengambilan keputusan karier berbeda secara signifikan antara kelompok identity achievement, foreclosure dan identity diffusion. Tidak terdapat perbedaan mean efikasi diri pengambilan keputusan karier berdasarkan usia dan jenis kelamin. Pengembangan penelitian lanjutan serta kepentingan konseling didiskusikan.

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#### **ABSTRACT**

Career decision making self-efficacy was predicted by identity status. The 191 participants – tenth grade students who have already made career decision – gave responses to Extended Objective Measure of Ego Identity Status 2 (EOM-EIS 2) which measured identity status. They also gave responses to Career Decision Self-Efficacy – Short Form (CDSE-SF) which measured career decision self-efficacy. Statistical analysis used One Way Anova showed  $F(3, 187) = 6.319, p < 0.05$ . It means there is significant difference between mean score of career decision making self-efficacy based on identity status of tenth grade student. In conclusion, there is correlation between identity status and career decision making self-efficacy. Post hoc analysis using Tukey HSD showed significant mean different between mean score career decision making self-efficacy between identity achievement, foreclosure, and identity diffusion. There is no significant mean difference of career decision self-efficacy based on age and gender. Implications for counseling and future research are discussed."