

Hubungan antara parenting self efficacy dan work family conflict pada ibu bekerja sebagai perawat = The correlation between parenting self efficacy and work family conflict on mothers who work as nurses

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Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara parenting self-efficacy dan work-family conflict pada ibu dari toddler yang bekerja sebagai perawat. Pengukuran parenting self-efficacy menggunakan alat ukur Self-Efficacy Parenting for Tasks Index ? Toddler Scale yang dikembangkan oleh Coleman (1998), sedangkan work-family conflict diukur melalui Work Family Conflict Scale yang dikembangkan oleh Carlson, dkk (2000). Partisipan dalam penelitian ini berjumlah 51 ibu dari anak yang berada pada tahap toddler dan bekerja sebagai perawat.

Hasil penelitian menunjukkan bahwa terdapat hubungan negatif yang signifikan antara parenting self-efficacy dan work-family conflict ($r=-0.512$, $n=51$, $p< 0.01$, two-tail). Hal tersebut berarti bahwa semakin tinggi parenting self-efficacy pada ibu dari toddler, maka semakin rendah work-family conflict yang dialami ibu; begitu pula sebaliknya.

This study examined the correlation between parenting self-efficacy and workfamily conflict among mothers of toddler who work as nurses. Parenting self-efficacy was measured by Self-Efficacy Parenting for Tasks Index ? Toddler Scale developed by Coleman (1998), whereas work-family conflict was measured by Work Family Conflict Scale developed by Carlson et al (2000). The participants of this study was 51 mothers of toddler and work as nurses.

The result of this study showed that there is a significant, negative correlation, between parenting self-efficacy and work-family conflict ($r=-0.512$, $n=51$, $p< 0.01$, two-tail). That is, the higher mother's parenting self-efficacy, lower work-family conflict; and vice versa.