

Hubungan antara father involvement dengan parenting self efficacy pada ibu yang memiliki anak usia kanak kanak madya = The relationship between father involvement and parenting self efficacy among mothers of middle childhood children

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Abstrak

Penelitian skripsi ini dilakukan untuk mengetahui hubungan antara father involvement dengan parenting self-efficacy pada ibu yang memiliki anak usia kanak-kanak madya. Pada penelitian ini, pengukuran father involvement menggunakan alat ukur Inventory of Father Involvement (IFI) yang disusun oleh Hawkins dkk (2002), sedangkan pengukuran parenting self-efficacy menggunakan alat ukur Self-Efficacy for Parenting Task Index (SEPTI) yang disusun oleh Coleman & Karakker (2000). Partisipan dalam penelitian ini adalah 79 ibu yang memiliki anak usia 5 - 12 tahun.

Hasil penelitian ini menunjukkan bahwa terdapat hubungan positif yang signifikan antara father involvement dengan parenting self-efficacy ($r = + 0,431$; $n = 79$; $p < 0,01$; one tail). Dari hasil ini dapat dikatakan bahwa semakin tinggi keterlibatan suami dalam proses parenting, maka semakin tinggi pula parenting self-efficacy ibu. Berdasarkan hasil tersebut keterlibatan ayah dalam proses parenting perlu ditingkatkan karena dapat meningkatkan keyakinan ibu akan kemampuannya untuk menjalankan peran sebagai orangtua bagi anak-anaknya.

.....This research was conducted to determine the relationship between father involvement and parenting self-efficacy among mothers of middle childhood. Father involvement was measured by Inventory of Father Involvement (IFI) (Hawkins et.al, 2002), parenting self-efficacy was measured by Self -Efficacy for Parenting Task Index (SEPTI) (Coleman & Karakker, 2000). Participants in this study were 79 mothers of children aged 5 - 12 years.

The results of this study indicate that there is a significant positive relationship between father involvement and parenting self-efficacy ($r = + 0,431$; $n = 79$; $p < 0,01$; one tail). From these results it can be said that the higher the father's involvement in the parenting process, the higher the mother's parenting self-efficacy. Based on these results the involvement of fathers in the parenting process needs to be improved because the mother will have increased confidence in their ability to perform the role of a parent for their children.