

**Practical evidence-based physiotherapy / Rob Herbert, Gro Jamtvedt, Judy Mead, Kare Birger Hagen; Sir Lain Chalmers, editor**

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Abstrak

Contents :

Evidence-based physiotherapy : what, why and how? -- What do I need to know? -- What constitutes evidence? -- Finding the evidence -- Can I trust this evidence? -- What does this evidence mean for my practice? -- Clinical guidelines as a resource for evidence-based physiotherapy -- When and how should new therapies be introduced into clinical practice? -- Making it happen -- Am I on the right track?