

## Nutritional foundations and clinical applications: a nursing approach

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### Abstrak

Wellness nutrition -- Personal and community nutrition -- Digestion, absorption, and metabolism -- Carbohydrates -- Fats -- Protein -- Vitamins -- Water and minerals -- Energy supply and fitness -- Management of body composition -- Life span health promotion : pregnancy, lactation, and infancy -- Life span health promotion : childhood and adolescence -- Life span health promotion : adulthood -- Nutrition in patient care -- Nutrition and metabolic stress -- Interactions: complementary and alternative medicine, dietary supplements, and medications -- Nutrition for disorders of the gastrointestinal tract -- Nutrition for disorders of the liver, gallbladder, and pancreas -- Nutrition for diabetes mellitus -- Nutrition for cardiovascular and respiratory diseases -- Nutrition for diseases of the kidneys -- Nutrition in cancer, aids, and other special problems.