

Analisis faktor- faktor bahaya psikososial yang berhubungan dengan stres kerja pada karyawan PT. X tahun 2014 = Analysis of psychosocial factors associated work-related stress on employees of PT. X in 2014

Muthiah, author

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Abstrak

[ABSTRAK

PT. X merupakan perusahaan yang bergerak di bidang pariwisata dan properti. Karyawan dituntut untuk terus meningkatkan kualitas layanan sesuai dengan ekspektasi konsumen dan organisasi sehingga tidak terlepas dari stres kerja. Penelitian ini bertujuan untuk menganalisis faktor bahaya psikososial yang berhubungan dengan stres kerja menggunakan desain studi cross sectional pada 107 responden. Hasil penelitian menunjukkan 49,5% responden mengalami stres tinggi. Faktor-faktor yang berhubungan secara signifikan dengan stres kerja pada karyawan adalah perkembangan karir, kepuasan kerja, hubungan interpersonal, desain kerja, beban kerja. tidak ada hubungan yang signifikan antara kontrol pekerjaan dan jadwal kerja dengan stres kerja.

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ABSTRACT

PT. X is a company of tourism and property industry. The employees are required to continuously improve the quality of services in accordance the expectation of customers and organization that cause stress of work. This study aims to analyze the association between psychosocial hazards and work related stress using a cross sectional study on 107 respondents. The result showed 49.5% of respondents experiencing high stress. Psychosocial factors significantly associated with work-related stress on employees are career development, job satisfaction, interpersonal relationship, task design and workload. There was no significantly associated job control, and work schedule with work-related stress., PT. X is a company of tourism and property industry. The employees are required to continuously improve the quality of services in accordance the expectation of customers and organization that cause stress of work. This study aims to analyze the association between psychosocial hazards and work related stress using a cross sectional study on 107 respondents. The result showed 49.5% of respondents experiencing high stress. Psychosocial factors significantly associated with work-related stress on employees are career development, job satisfaction, interpersonal relationship, task design and workload. There was no significantly associated job control, and work schedule with work-related stress.]