

# Analisa faktor-faktor penyebab depresi pada lansia di RW 05 dan 06 Kelurahan Pondok Cina Kecamatan Beji Depok = Analysis of factors that related to depression in elderly in RW 05 and 06 Pondok Cina Beji Subdistrict Depok

Cahya Novita Sari, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20386762&lokasi=lokal>

---

Abstrak

[<b>ABSTRAK</b><br>

Depresi dapat menyebabkan penderitaan yang membawa pada masalah fungsi pada kehidupan sehari-hari, terutama lansia. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang mempengaruhi depresi pada lansia. Penelitian ini menggunakan desain deskriptif korelasi dan pendekatan cross-sectional. Sampel sebesar 104 responden dengan teknik pengambilan total sampling dan menggunakan instrumen Geriatric Depression Scale-15 (GDS-15). Hasil penelitian menyatakan terdapat hubungan bermakna antara penyakit kronik dengan kejadian depresi ( $p=0,003$ ,  $p=0,05$ ,  $OR=5,938$ ,  $CI=95\%$ ). Tidak ada hubungan yang bermakna antara jenis kelamin, status pernikahan, kehilangan pekerjaan, penurunan penghasilan, dukungan sosial dan gangguan tidur dengan kejadian depresi. Penelitian ini diharapkan membantu pelayanan keperawatan dalam mencegah terjadinya depresi pada lansia dengan mengetahui faktor penyebab depresi.

<hr>

<b>ABSTRACT</b><br>

Depression causes suffering feeling that leads to problems in the functioning of daily life, especially the elders. This study aimed to determine the factors that influence depression in elderly. This research used correlative descriptive design and used cross-sectional approach. The respondents were 104 elderly which selected by total sampling technique and used the Geriatric Depression Scale-15 (GDS-15) instrument. The result of this research showed that chronic disease positive related significantly to depression in elderly ( $p=0,003$ ,  $p=0,05$ ,  $OR=5,938$ ,  $CI=95\%$ ), and had negative related to gender, marital status, loss of job, less of income, social support, and sleep disturbance. This research was expected to help nursing services in preventing the onset of depression in elderly by knowing the factors that cause depression.;Depression causes suffering feeling that leads to problems in the functioning of daily life, especially the elders. This study aimed to determine the factors that influence depression in elderly. This research used correlative descriptive design and used cross-sectional approach. The respondents were 104 elderly which selected by total sampling technique and used the Geriatric Depression Scale-15

(GDS-15) instrument. The result of this research showed that chronic disease positive related significantly to depression in elderly ( $p=0,003$ ,  $p=0,05$ ,  $OR=5,938$ ,  $CI=95\%$ ), and had negative related to gender, marital status, loss of job, less of income, social support, and sleep disturbance. This research was expected to help nursing services in preventing the onset of depression in elderly by knowing the factors that cause depression., Depression causes suffering feeling that leads to problems in the functioning of daily life, especially the elders. This study aimed to determine the factors that influence depression in elderly. This research used correlative descriptive design and used cross-sectional approach. The respondents were 104 elderly which selected by total sampling technique and used the Geriatric Depression Scale-15 (GDS-15) instrument. The result of this research showed that chronic disease positive related significantly to depression in elderly ( $p=0,003$ ,  $p=0,05$ ,  $OR=5,938$ ,  $CI=95\%$ ), and had negative related to gender, marital status, loss of job, less of income, social support, and sleep disturbance. This research was expected to help nursing services in preventing the onset of depression in elderly by knowing the factors that cause depression.]