

## Gambaran pengetahuan ibu primigravida tentang proses dan prosedur persalinan dan motivasi untuk melahirkan pervaginam = Primigravida's overview of knowledge about the process and procedure of labor and motivation to give birth vaginally

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### Abstrak

Pada umumnya primigravida belum memiliki pengetahuan yang cukup tentang proses serta prosedur persalinan. Dalam keadaan sehat primigravida dapat melahirkan pervaginam, namun akibat ketidaktahuan tentang proses serta prosedur persalinan, primigravida menjadi takut untuk melahirkan pervaginam.

Penelitian ini bertujuan untuk mengetahui gambaran pengetahuan ibu primigravida tentang proses serta prosedur persalinan dan motivasi untuk melahirkan pervaginam. Penelitian ini bersifat cross sectional dengan 96 responden yang diambil melalui teknik quota sampling baik yang ditemui di Puskesmas maupun di rumah.

Hasil penelitian menunjukkan bahwa 62,5% ibu primigravida memiliki pengetahuan tinggi tentang proses serta prosedur persalinan. Sebanyak 51% ibu primigravida memiliki motivasi yang tinggi untuk melahirkan pervaginam. Mayoritas primigravida memiliki pengetahuan tinggi tentang proses serta prosedur persalinan dan motivasi tinggi melahirkan pervaginam. Sosialisasi tentang proses dan prosedur persalinan serta motivasi dari tenaga kesehatan untuk melahirkan pervaginam dapat mengurangi angka kelahiran melalui operasi sesar dan kematian ibu dan bayi.

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Generally primigravida do not have enough knowledge about process and procedure of labor. In a healthy state primigravida can give birth vaginally, but due to ignorance about the process and procedure of labor, primigravida be afraid to give birth vaginally. This study aims to describe the knowledge of primigravida about the process and procedure of labor and motivation to give birth vaginally. This study is cross-sectional with 96 respondents were taken through a quota sampling technique is encountered either in the health center or at home.

The results showed that 62.5% primigravida has a high knowledge about the process and procedure of labor. A total of 51% primigravida highly motivated to give birth vaginally. The majority primigravida have high knowledge about the process and procedure of labor and motivate to giving birth vaginally. Socialization of labor processes and procedures and motivation from health workers to recommended primigravida to give birth vaginally, so that it can reduce the number of births by caesarean section and maternal and infant mortality.