

## Dukungan dan partisipasi suami saat persalinan = Husband's support and participation during labour

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### Abstrak

#### [<b>ABSTRAK</b>

Persalinan merupakan peristiwa yang istimewa sekaligus menegangkan bagi seorang ibu. Selama proses ini berlangsung banyak ibu akan mengalami perasaan suka cita cemas, takut, dan panik. Beberapa penelitian terdahulu menunjukkan bahwa respon-respon psikologis tersebut dapat dibantu oleh dukungan suami yang hadir saat persalinan. Penelitian ini bertujuan untuk mengetahui gambaran dukungan dan partisipasi suami saat persalinan. Desain penelitian ini adalah deskriptif, menggunakan sampel pasangan suami dan istrinya yang telah didampingi saat persalinan dengan melibatkan 94 responden yang dipilih menggunakan teknik Consecutive Sampling selama dua bulan. Hasil penelitian menunjukkan 53,2% suami telah memberikan dukungannya dengan baik selama persalinan. Selain itu, hasil pengukuran partisipasi suami saat persalinan 93,6% menunjukkan partisipasi baik. Penelitian ini memberikan implikasi keperawatan bahwa dukungan dan partisipasi suami sangat penting untuk diperhatikan dalam proses persalinan. Penelitian ini tidak mengidentifikasi faktor-faktor yang mempengaruhi dukungan dan partisipasi suami saat persalinan namun dapat menjadi data penunjang untuk menyempurnakan penelitian selanjutnya sehingga dapat mengidentifikasi faktor-faktor yang mempengaruhi dukungan suami saat persalinan.

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#### <i><b>ABSTRACT</b>

, Labour is precious yet stressful moment for a mother. During this process, many mothers would feel joyful, worried, fear and panic simultaneously. Some previous researches show that those psychological responses can be helped to overcome by the support of husband who is there when his wife is in the labour. This research's aim was to describe husband's support and participation during labour. The research's design was descriptive, using a group of samples consisting of husbands and their wives whom have been accompanied during their labour, and involving 94 respondents which were chosen using Consecutive Sampling technique in two months. The research's result showed 53,2% of the total husbands had given their support well during labour. Besides, the result of measuring husband's participation 93,6% of the total husbands showed well participation. This research gives a nursing implication that husband's support and participation are very important to include during labour processes. This research does not identify the factors which affect husband's support and participation during labour, but it can be a supportive data to accomplish the next research so that it can identify the factors affecting husband's support and participation during labour.]