

Prediksi relationship contingency dan self efficacy dalam hubungan romantis terhadap desakan menikah pada dewasa muda = Relationship contingency and self efficacy in romantic relationship as prediction towards mate urgency among young adults / Annisa Arnindita

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Abstrak

ABSTRAK

Penelitian ini dilakukan untuk mendapatkan penjelasan mengenai hubungan antara relationship contingency dan self-efficacy dalam hubungan romantis dalam memprediksi desakan menikah pada dewasa muda yang belum menikah, khususnya di wilayah Jabodetabek. Relationship contingency diukur dengan menggunakan Relationship Contingency Scale yang dikembangkan oleh Sanchez, Good, Kwang, dan Saltzman (2008), self-efficacy dalam hubungan romantis diukur dengan menggunakan Self-Efficacy in Romantic Relationship yang dikonstruksikan oleh Riggio, Weiser, Valenzuela, Lui, Montes, dan Heuer (2011), serta desakan menikah diukur dengan menggunakan Skala Desakan Menikah yang dikembangkan oleh tim peneliti (2014).

Partisipan penelitian yang berjumlah 186 orang yang memiliki karakteristik sebagai orang-orang yang sedang berada dalam tahap perkembangan psikososial dewasa muda, berstatus sebagai mahasiswa atau sudah bekerja, dan baik mereka yang belum atau sudah memiliki pasangan. Hasil penelitian menunjukkan bahwa relationship contingency dapat memprediksi desakan menikah pada dewasa muda, namun prediksi tidak dapat dilihat melalui self-efficacy dalam hubungan romantis, maupun interaksi antara kedua variabel tersebut.

ABSTRACT

This research is conducted to get explanation about the relationship between relationship contingency and self-efficacy in romantic relationship in predicting mate urgency towards unmarried young adults, particularly in Greater Jakarta area. Relationship contingency is measured using Relationship Contingency Scale which was developed by Sanchez, Good, Kwang, and Saltzman (2008), self-efficacy in romantic relationship is measured using Self-Efficacy in Romantic Relationship which was constructed by Riggio, Weiser, Valenzuela, Lui, Montes, and Heuer (2011), while mate urgency is measured with Mate Urgency Scale which was developed by research team (2014).

Total participant in this research is 186 people who have characteristics as those who are in the stage of young adult in psychosocial development stage, having status as a college student or a worker already, and either already involved in romantic relationship or not. The result of this research indicates that the relationship contingency can predict mate urgency towards young adults, however the prediction cannot be seen either through self-efficacy in romantic relationship nor the interaction between both variables.