

Perbedaan perilaku prokrastinasi akademik pada mahasiswa program sarjana Universitas Indonesia berdasarkan demografi = The differences of academic procrastination behaviour of Universitas Indonesia undergraduated students based on demographic / Sari Budi Subekti

Sari Budi Subekti, author

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Abstrak

ABSTRAK

Penelitian ini ingin melihat perbedaan prokrastinasi akademik berdasarkan demografi (usia, kelas/angkatan, dan jenis kelamin) mahasiswa Universitas Indonesia. Perilaku prokrastinasi akademik diukur dengan menggunakan Procrastination Assessment Students Scale (PASS). Partisipan dalam penelitian ini adalah 208 Mahasiswa Universitas Indonesia program sarjana (S1). Dari analisis data diketahui bahwa frekuensi perilaku prokrastinasi akademik pada area tugas makalah kelompok cenderung lebih tinggi pada rata-rata mahasiswa daripada mahasiswi UI. Selanjutnya, diketahui bahwa frekuensi perilaku prokrastinasi akademik pada area tugas administratif cenderung lebih tinggi pada rata-rata usia 22 tahun dan 23 tahun daripada usia 20 tahun mahasiswa Universitas Indonesia. Adapula, perilaku prokrastinasi akademik tugas makalah individual dipersepsikan sebagai suatu masalah, cenderung lebih tinggi pada rata-rata angkatan 2011 daripada angkatan 2010 mahasiswa UI. Terakhir, alasan perilaku prokrastinasi akademik cenderung lebih tinggi pada rata-rata mahasiswi daripada mahasiswa yaitu alasan rendahnya self-esteem dan kesulitan membuat keputusan

ABSTRACT

This study would like to see the difference of academic procrastination based on demographics (age, grade level/class, and gender) students of Universitas Indonesia. Meanwhile, academic procrastination behavior was measured by using Students Procrastination Assessment Scale (PASS). The participants in this study were 208 undergraduate students of Universitas Indonesia. Based on the data analysis was known that the frequency of academic procrastination behavior on writing group a term paper tend to be higher on average Universitas Indonesia male students than female students. Furthermore, it was also known the frequency of academic procrastination behaviour on administrative tasks of students Universitas Indonesia tend to be higher on age average among 22 years old and 23 years old than 20 years old. Beside that, academic procrastination behaviour on writing individual a term paper of students Universitas Indonesia which was perceived as problem, tend to be higher on average grade/class 2011 than 2010. Last, the reason of academic procrastination behaviour tend to be higher on average female students than male students was reason for low self-esteem and difficulties making decisions