

## Hubungan hardiness dan pola attachment pada mahasiswa yang sedang mengerjakan skripsi = The relationship between hardiness and attachment style in students who are currently working on thesis to get bachelor degree

Yessica Meita Berlina, author

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### Abstrak

Penelitian ini bertujuan untuk melihat hubungan antara hardiness dan pola attachment pada mahasiswa yang sedang mengerjakan skripsi. Penelitian dilakukan pada 106 partisipan yang memiliki karakteristik mahasiswa yang sedang mengerjakan skripsi. Hardiness diukur dengan alat ukur Dispositional Resilience Scale-15R yang disusun oleh Bartone (1995) dan telah diadaptasi oleh Lukman (2008). Pola attachment diukur dengan alat ukur Pola Attachment yang disusun oleh Diantika (2004) dan diadaptasi oleh Moeljosoedjono (2008). Hasil utama yang didapat dari penelitian ini adalah terdapat hubungan positif antara hardiness dan pola secure attachment pada mahasiswa yang sedang mengerjakan skripsi serta terdapat hubungan negatif antara hardiness dan pola insecure attachment pada mahasiswa yang sedang mengerjakan skripsi.

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This research is conducted to see the relationship between hardiness and attachment style in students who are currently working on their thesis to get bachelor degree. There are 106 participants involved in this research, they all have the characteristic as students who are currently working on a thesis to get bachelor degree. Hardiness was measured by Dispositional Resilience Scale-15R developed by Bartone (1989) that has been adapted by Lukman (2008). Attachment style is measured by an attachment style measurement developed by Diantika (2004) and has been adapted by Moeljosoedjono (2008). The main result of this research found that there is a positive correlation between hardiness and secure attachment and there is a negative correlation between hardiness and insecure attachment in students who are currently working on thesis to get bachelor degree.