

## Hubungan arranged marriage dan komitmen beragama dengan kebahagiaan pada Orang Batak Toba = The relation of arranged marriage and religious commitment with happiness among Toba Batak People

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### Abstrak

Penelitian ini bertujuan untuk mengetahui kebahagiaan, jenis arranged marriage dan komitmen beragama, serta hubungan antara arranged-marriage dan komitmen beragama secara simultan dengan kebahagiaan pada orang Batak Toba (N=452, M=44 tahun). Hasil penelitian menunjukkan bahwa kebanyakan partisipan merasa bahagia dan sangat bahagia, memiliki komitmen beragama yang tinggi dan low arranged marriage. Terdapat hubungan yang signifikan antara arranged-married dan komitmen beragama dengan arranged-married secara simultan. Namun secara terpisah tidak terdapat hubungan yang signifikan antara arranged marriage dan kebahagiaan, dan terdapat hubungan yang signifikan antara komitmen beragama dan kebahagiaan. Juga tidak terdapat perbedaan kebahagiaan yang signifikan antara partisipan yang menikah dengan cara low arranged marriage dan high arranged marriage.

*This study aims to examine happiness, type of arrange marriage and religious commitment, and also the relation of arranged-marriage and religious commitment with happiness of Toba Batak people (N= 452, M=44 years). The results showed that participants were mostly happy and very happy, had low arranged marriage and high religious commitment. There was a significant relation among arranged married and religious commitment with happiness simultaneously. However, separately there was no significant relation between arranged marriage and happiness, and there was a significant relation between religious commitment and happiness. In addition, there was no significant difference in happiness between low arranged marriage and high arranged marriage.*