

# Hubungan tingkat pengetahuan sikap dan perilaku perineal hygiene pada santriwati remaja di pondok pesantren ibnu taimiyah bogor = The relationships between knowledge attitude and behavior of perineal hygiene in female students at Ibnu Taymiyyah Bogor boarding school

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## Abstrak

Perineal hygiene merupakan tindakan untuk menjaga kebersihan serta kesehatan organ reproduksi.

Penelitian ini bertujuan untuk mengetahui hubungan antara tingkat pengetahuan, sikap dan perilaku perineal hygiene pada santriwati di Pondok Pesantren Ibnu Taimiyah Bogor. Desain penelitian yang digunakan cross sectional dengan jumlah sampel 98 responden. Teknik sampling yang digunakan cluster sampling dan simple random sampling. Hasil analisis univariat menunjukkan 41 (41,8%) responden memiliki tingkat pengetahuan yang baik, 52 (53,1%) responden memiliki sikap perineal hygiene cukup dan 59 (60,2%) responden memiliki perilaku perineal hygiene cukup.

Hasil analisis chi square menunjukkan ada hubungan antara tingkat pengetahuan dengan sikap perineal hygiene ( $p\text{-value} = 0,001$ ) serta hubungan antara sikap dan perilaku perineal hygiene ( $p\text{-value} = 0,026$ ) namun tidak ada hubungan antara tingkat pengetahuan dengan perilaku perineal hygiene ( $p\text{-value} = 0,346$ ). Responden dengan tingkat pengetahuan baik dan sikap perineal hygiene baik sebanyak 11 (26,8%) responden. Responden dengan sikap baik dan perilaku perineal hygiene baik sebanyak 6 (42,9%) responden. Responden dengan tingkat pengetahuan baik dan perilaku perineal hygiene baik sebanyak 11 (26,8%) responden. Penelitian ini dapat menjadi bahan pengembangan penelitian selanjutnya mengenai remaja dan praktik perineal hygiene di masa yang akan datang.

.....Perineal hygiene is an action to maintain the cleanliness and healthyness of the reproductive organs. This research was conducted to determine the relationship between the level of knowledge, attitudes and behavior of perineal hygiene in female students at Ibn Taymiyyah boarding school in Bogor, West Java. The study design is cross sectional using 98 respondents. The sampling technique used was cluster sampling and simple random sampling. The results of univariate analysis showed 41 (41.8%) respondents have a good level of knowledge, 52 (53.1%) respondents have enough attitude perineal hygiene and 59 (60.2%) respondents have enough perineal hygiene behavior.

The results of chi-square analysis showed there is relationships between the level of knowledge with perineal hygiene attitude ( $p\text{-value} = 0.001$ ) and relationships between attitudes and perineal hygiene behavior ( $p\text{-value} = 0.026$ ) but there's no relationship between the level of knowledge with perineal hygiene behavior ( $p\text{-value} = 0.346$ ). Respondents with good level of knowledge and good attitudes of perineal hygiene are 11 (26.8%) respondents. Respondents with a good attitude and good behavior of perineal hygiene are 6 (42.9%) respondents. Respondents with a good level of knowledge and good behavior of perineal hygiene are 11 (26.8%) respondents. This research can be used to be materials to develop the research about teenagers and perineal hygiene practice in the future.