

## Gambaran posisi tidur bayi berat badan rendah di Ruang Perinatologi = Description of sleeping position on low birthweight infants in perinatology. / Ramandhany Legawanti

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### Abstrak

#### <b>ABSTRAK</b><br>

BBLR merupakan bayi dengan berat lahir rendah kurang dari 2.500 gram yang beresiko mengalami berbagai masalah kesehatan sehingga perawat perlu memberikan developmental care dengan pemberian posisi tidur yang sesuai dengan standar operasional prosedur. Penelitian ini bertujuan untuk mengetahui gambaran posisi tidur bayi berat lahir rendah di ruang perinatologi. Penelitian ini menggunakan desain deskriptif cross-sectional dengan sampel sebesar 30 BBLR. Instrumen observasi yang digunakan adalah "Infants Position Assessment Tool (IPAT)." Dengan menggunakan analisis univariat, didapatkan kesimpulan mayoritas responden dalam kategori berat bayi lahir rendah (60%) dan berat bayi lahir sangat rendah (33.3%). Jenis kelamin responden mayoritas perempuan (60%) dengan jenis kehamilan mayoritas dengan kehamilan tunggal (93.3%). berat bayi sekarang memiliki tingkat rata-rata 1593.93 gram (95% CI: 1420.33-1767.54) dan rata-rata usia gestasinya 32.57 minggu (95% CI: 31.29-33.85). Secara keseluruhan posisi tidur berada pada posisi tidur yang baik (53.3%). Hasil penelitian ini diharapkan dapat memberikan gambaran tentang pengetahuan perawat terkait pemberian posisi tidur BBLR.

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#### <b>ABSTRACT</b><br>

Low Birth Weight infant is an infant which has low birth weight less than 2,500 grams that has risk for various health problems. Therefore, nurses need to provide developmental care by giving sleeping position based on procedural operational standards. This study aimed to describe the sleeping position of low birth weight babies in perinatology. This study used cross-sectional descriptive designs included 30 low birth weight infants that were selected to be sample. It was used "Infants Position Assessment Tool" as an observation instrument. By using univariate analysis, it was concluded that most of respondents were low birth weight (60%) and very low weight infants (33.3%). Most of them were female (60%) and kind of pregnancy with single pregnancy (93.3%). Infants' average weight rate was 1593.93 grams (95% CI: 1420.33-1767.54) with average age of 32.57 weeks gestation (95% CI: 31.29-33.85). Overall, infants were in a good sleeping position (53.3%). This results were expected to provide an overview of nursing knowledge related to the provision of LBW sleeping position.

Keywords: LBW, LBW sleeping position