

# Analisis peran kader dalam pemanfaatan posbindu lansia di wilayah kerja Puskesmas Bantargebang Bekasi tahun 2014 = Health cadres role s analysis in the utilization of elderly s integrated service post posbindu at Bantargebang community health services Puskesmas working area in 2014

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## Abstrak

Posbindu lansia merupakan pelayanan kesehatan yang bertujuan untuk meningkatkan derajat kesehatan para lansia. Keterampilan kader merupakan salah satu kunci keberhasilan pelayanan di posbindu lansia.

Penelitian ini bertujuan untuk menganalisis peran kader dalam pemanfaatan posbindu lansia. Jenis penelitian yaitu deskriptif analitik dengan metode kualitatif. Informan utama adalah 17 orang kader dan informan kunci yang terdiri dari 1 orang Kepala Puskesmas Bantargebang Bekasi, 1 orang Pemegang Program Lansia, dan 3 orang Lansia yang memanfaatkan posbindu lansia di wilayah kerja Puskesmas Bantargebang Bekasi.

Hasil penelitian menunjukkan bahwa kader belum berperan besar dalam pemanfaatan posbindu lansia di wilayah kerja Puskesmas Bantargebang sehingga diperlukan adanya upaya pelatihan dan pembinaan untuk petugas kesehatan dan kader posbindu lansia, serta sosialisasi kepada seluruh sasaran posbindu lansia.

Penyediaan fasilitas posbindu lansia yang lengkap diharapkan dapat memaksimalkan peran kader dalam usaha pemanfaatan posbindu lansia. Komunikasi sesama kader juga harus dibangun agar mereka dapat bertukar informasi dan pengalaman mengenai peran mereka dalam pemanfaatan posbindu lansia.

.....Elderly's integrated health care is health services which aims to improve the health status of the elderly. Skills of cadres is one of the keys to success in elderly's integrated health care. This study aims to analyze the role of cadres in the use elderly's integrated health care. This research is descriptive analytic with qualitative method. The main informants were 17 cadres and key informants consisting of 1 chief of Bantargebang Public Health Care Bekasi, 1 holder of elderly programs, and 3 elderly peoples who utilize elderly's integrated health care in Bantargebang Public Health Care Bekasi working area.

The results showed that the cadres have not played a major role in the utilization of elderly's integrated health care in Bantargebang Public Health Care Bekasi working area thus efforts are required in training and coaching for health workers and cadres elderly's integrated health care, and socialization to all elderly's integrated health care target. Provision of complete elderly's integrated health care facilities is expected to maximize the role of cadres in the utilization of it. Communication fellow cadres should also be constructed so that they can exchange information and experiences regarding their role in the utilization of elderly's integrated health care.