

# Pengaruh pendidikan kesehatan menggunakan media audiovisual terhadap pengetahuan dan perilaku ibu merawat balita penderita pneumonia di Rumah Sakit di Provinsi Nusa Tenggara Barat = The effect of health education used audiovisual media to knowledge and behavior of mothers caring for children under five years with pneumonia in the Hospital in West Nusa Tenggara

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## Abstrak

Pemberian pendidikan kesehatan berkaitan erat dengan pengetahuan dan perilaku ibu merawat balita penderita pneumonia di rumah sakit. Penelitian ini bertujuan untuk mengidentifikasi pengaruh pendidikan kesehatan menggunakan media audiovisual terhadap pengetahuan dan perilaku ibu merawat balita penderita pneumonia di rumah sakit di provinsi Nusa Tenggara Barat. Desain dalam penelitian ini menggunakan kuasi eksperimen pretest posttest design with non equivalent control group dengan 32 sampel di RSUP NTB dan RSUD Patut Patuh Patju Lombok Barat secara consecutive sampling. Analisis data menggunakan independent t test, menunjukkan perbedaan yang signifikan dalam aspek pengetahuan dan perilaku ibu merawat balita penderita pneumonia antara kelompok perlakuan dan kelompok kontrol (pengetahuan:  $p=0,000, =0,05$ , Perilaku:  $p = 0,000, =0,05$ ). Rekomendasi dari penelitian ini adalah pendidikan kesehatan sebaiknya menggunakan media audiovisual.

.....The provision of health education is closely related to the knowledge and behavior of mothers caring for children under five years with pneumonia in the hospital. The aim of this research was to identify the effect of health education using audiovisual media on mother's knowledge and behavior of mothers caring for children under five years with pneumonia in the hospital in West Nusa Tenggara. This research used quasi experimental pretest posttest design with non equivalent control group. Data was collected from 32 respondents with consecutive sampling technique and was analyzed with independent t-test. The result showed significant differences between intervention and control groups (knowledge, p value = 0,000, =0,05, behavior, p value = 0,000, =0,05). This research recommendates the use of audiovisual media in providing health education.