

Program psikoedukasi untuk meningkatkan pengetahuan dan menurunkan distres psikologis pada penderita tuberculosis paru yang sedang menjalani program medikasi = Psychoeducation program to increase knowledge and lose psychological distress in patients with pulmonary tuberculosis who is undergoing medication program

Ramdani, author

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Abstrak

[ABSTRAK

Penelitian ini menganalisa secara kualitatif efektifitas program psikoedukasi untuk meningkatkan pengetahuan dan menurunkan distres psikologis pada penderita tuberculosis paru yang sedang menjalani program medikasi. Empat orang partisipan diberikan intervensi untuk meningkatkan pengetahuan dan menurunkan distres psikologis serta dilakukan pengukuran sebelum dan sesudah intervensi. Hasil penelitian ini menyarankan untuk partisipan minum obat secara teratur, memodifikasi perilaku untuk mencegah penularan, serta melakukan latihan relaksasi pernapasan.

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ABSTRACT

The purpose of this theses is to analyze the effect of psychoeducational to enhance the knowledge and lowering psychological distress to pulmonary tuberculosis patient with undergoing medical regiment. Four patients are participant of this study, they were given the intervention and measurement were conducted before and after intervention. The results of this study suggest that patients to take a medication on regular basis, modify behavior to prevent transmitting, and breathing exercise. , The purpose of this theses is to analyze the effect of psychoeducational to enhance the knowledge and lowering psychological distress to pulmonary tuberculosis patient with undergoing medical regiment. Four patients are participant of this study, they were given the intervention and measurement were conducted before and after intervention. The results of this study suggest that patients to take a medication on regular basis, modify behavior to prevent transmitting, and breathing exercise.]