

Efektivitas pemberian minyak wijen sesame oil terhadap intensitas nyeri flebitis pada pasien kanker yang menjalani kemoterapi = The effectiveness sesame oil against pain intensity of phlebitis in cancer patients undergoing chemotherapy

Damanaik, Chrisyen, author

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Abstrak

[ABSTRAK

Kemoterapi merupakan salah satu metode utama dalam penanganan kanker namun memiliki sifat vesikan dan iritan yang memicu terjadinya flebitis. Respon kerusakan jaringan akibat flebitis ialah nyeri. Penelitian ini bertujuan mengetahui efektivitas pemberian minyak wijen terhadap intensitas nyeri flebitis pada pasien kanker yang menjalani kemoterapi. Penelitian ini menggunakan desain Randomized Controlled Trial. Jumlah sampel empat puluh orang yang terdiri dari 2 kelompok: kontrol dan intervensi. Analisis dengan Paired T test menunjukkan adanya perbedaan signifikan rata-rata skor intensitas nyeri sebelum dan setelah intervensi ($p=0,001$) dan hasil analisis Independent T test terdapat perbedaan signifikan rata-rata skor intensitas nyeri antara kelompok kontrol dan intervensi setelah intervensi ($p=0,001$). Berdasarkan hal tersebut direkomendasikan bahwa minyak wijen dapat digunakan untuk menurunkan intensitas nyeri pada pasien flebitis yang menjalani kemoterapi.;

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ABSTRACT

Chemotherapy is one of the main methods in the treatment of cancer but has a vesicant and irritant that trigger of phlebitis. The response tissue damage due to of phlebitis is pain. This study aimed to determine the effectiveness administration of sesame oil to pain intensity of phlebitis in cancer patients undergoing chemotherapy. This study used a randomized controlled trial design. Forty samples were devided groups: control and intervention groups. This study analysed was Paired T test showed a significant mean difference pain intensity scores before and after intervention ($p = 0.001$) and the results showed that there was a significant difference between two groups ($p = 0.001$). These results recommended that sesame oil can be used to reduce phlebitis pain in patients undergoing chemotherapy.;

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