

## Faktor-faktor yang mempengaruhi motivasi ibu post sectio caesarea primipara dalam perawatan diri = Factors affecting motivation post sectio caesarea primiparous mother in personal care

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### Abstrak

[<b>ABSTRAK</b><br>

Salah satu strategi untuk menurunkan Angka Kematian Ibu dan Angka Kematian Bayi di Indonesia adalah pelaksanaan operasi sectio caesarea. Tetapi hal ini akan menimbulkan masalah tersendiri khususnya pada perawatan periode post partum. Ibuibu tersebut harus bisa dan mau merawat dirinya untuk menjaga kesehatannya dan kesehatan bayinya. Penelitian ini bertujuan untuk mengidentifikasi faktor-faktor apa yang mempengaruhi motivasi perawatan diri pada ibu post sectio caesarea. Penelitian menggunakan pendekatan cross sectional design, pada 66 responden, instrumen penelitian berupa kuesioner dan lembar observasi yang telah diukur validitas, reliabilitasnya. Hasil penelitian menunjukkan bahwa pendidikan, pekerjaan, minat dan media/informasi merupakan faktor yang berpengaruh terhadap motivasi perawatan diri ibu post sectio caesarea dan pendidikan merupakan faktor yang paling berpengaruh. Oleh karena itu disarankan pendidikan kesehatan oleh petugas kesehatan pada ibu yang akan dilakukan sectio caesarea perlu diberikan untuk menjaga kesehatan ibu dan bayinya;

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One of the strategy that use to reduce a high maternal mortality rate in Indonesia is perform the sectio caesarea. This in turn will make another problem especially during post partum periode. Mothers have to do self care to maintain their health and babies health. It needs a high motivation of women will post operation sectio caesarea to do the self care. This research aim to identify the factors that may influence the motivation of post sectio caesarea mother to do self care. The research uses a cross sectional design for 66 respondents by using a valid, reliable, instruments of questionnaire and observation. This research found that education, occupation, willingness and media are the factors that influence the motivation of mothers to do self care and the most significant factor that influence motivation of mother is education. The important of health education for mother that have to provide by health provider has to be done in order to improve mother's and baby's health; One of the strategy that use to reduce a high maternal mortality rate in Indonesia is perform the sectio caesarea. This in turn will make another problem especially during post partum periode. Mothers have to do self care to maintain their health and babies health. It needs a high motivation of women will post operation sectio caesarea to do the self care. This research aim to identify the factors that may influence the motivation of post sectio caesarea mother to do self care. The research uses a cross sectional design for 66

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