

Pengalaman ibu bekerja dalam merawat anak usia remaja = Working mother experience in caring teenager

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Abstrak

Ibu bekerja mempunyai peran pekerja dan ibu rumah tangga termasuk perawatan anak. Penelitian ini bertujuan mendapatkan gambaran tentang arti dan makna pengalaman ibu bekerja dalam merawat anak usia remaja. Menggunakan metode penelitian kualitatif dengan pendekatan fenomenologi. Partisipan berjumlah delapan orang yang ditetapkan dengan metode purposive. Data dikumpulkan melalui wawancara mendalam. Analisis data menggunakan metode Collaizzi's.

Hasil penelitian mengidentifikasi enam tema yaitu motivasi ibu bekerja, manajemen waktu ibu bekerja, kecemasan ibu bekerja terhadap perkembangan anak remaja, pengetahuan ibu mengenai perubahan-perubahan pada remaja, strategi ibu bekerja dalam merawat anak usia remaja, sumber dan bentuk dukungan. Hasil penelitian ini dapat dijadikan dasar untuk memberikan intervensi keperawatan khususnya bagi perawat kesehatan kerja.

.....Working mother has a role as a worker and a mother including caring for children. This study aimed to gain an overview of the meaning and significance of the experience of working mothers to take care adolescence. This study used qualitative research methods with a phenomenological approach. A purposive sample of eight participants were involved in the study. Data were collected through in depth interviews. Data analysis used the Collaizzi's method.

The results of the study identified six themes: working mothers motivation, time management working mothers, the anxiety of working mothers of the development of adolescence, mother's knowledge about the changes in adolescence, working mother's strategies in caring for adolescence, and the forms and sources of support for working mothers. This result can be used by occupational health nursing to provide nursing intervention.