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## Pengaruh terapi suportif terhadap integritas diri pada lanjut usia di Kota Bogor = The effect of supportive therapy to self integrity in elderly at Bogor City

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Abstrak

## [<b>ABSTRAK</b><br>

Integritas diri lanjut usia didasarkan pada keyakinan bahwa hidup seseerang telah berguna sehingga memungkinkan individu untuk menghadapi kematian tenang dan hidup yang lebih bermakna. Penelitian ini bertujuan untuk mengetahui pengaruh terapi suportif temadap integritas diri pada 1anjut usia eli Kota 13ogor. Desain penelitian quasi experimental pre-post test with control group. Sampel berjumlah 70 orang, masing-masing 35 orang kelompok intervensi dan kontrol. Ha8il penelitian mimunjukkan integntas diri -pada lanjut usia meningkat secara signifikan -Setelah dilak'Ukan --terapi suportif Jpvalus= 0,0001 < a::;0.05). P~nin\_gkamn integritas diri l~ia l~bih tiD.\_ggi ~~~ID"a ~ignifikan \_pada k~lonij>Ok yang mendapat terapi suportif dibandingkan kelompok yang tidak mendapatkan terapi suportif (pvalue=0,001 < a::;0.05). Terapi suportif direkomendasikan sebagai terapi keperawatan untuk meningkatkan integritas diri pada lanjut usia di masyarakat.

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## <b>ABSTRACT</b><br>

The elderly self integrity based on a belief that one's life have meaning to enable such individual to face death peacefully and a more meaningful life. The purpose of this study was to determine the effects of supportive therapy to self integrity in elderly at Bogor City. The research design was quasi-experimental pre-post test with control group. The sample of this research are the elderly of 70 respondents including 3 5 respondents in the intervention group and 3 5 respondents in the control group. The results showed that elderly self integrity significantly after supportive therapy (pvalue=0,0001 < a=0.05). This research showed significant comparation of the elderly self integrity between group with supportive-therapy and neither (pvalue=0,001 < a=0,05). Suppotive therapy recommended as nursing therapy used to treat elderly.;The elderly self integrity based on a belief that one's life have meaning to enable

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