

Dukungan keluarga dengan pemberian asi eksklusif pada bayi di Kota Jambi = Family support on exclusive breast feeding and the coverage of the program on baby in Jambi City

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Abstrak

[ABSTRAK

Cakupan pemberian ASI eksklusif di Indonesia dan di Kota Jambi masih rendah, meskipun pemerintah sudah mencanangkan ASI eksklusif sejak tahun 2010 tentang standar minimum untuk ASI 80%. Tujuan penelitian ini adalah untuk mengetahui hubungan dukungan keluarga dengan pemberian ASI eksklusif pada bayi di Kota Jambi. Desain penelitian yang digunakan adalah deskriptif korelasi dengan pendekatan cross sectional. Sampel penelitian merupakan ibu yang mempunyai bayi umur 0-6 bulan sebanyak 70 orang yang diambil secara Cluster sampling. Hasil analisis data penelitian menunjukkan bahwa ada hubungan yang signifikan antara dukungan informasi, dukungan instrumental, dukungan emosional dan dukungan penghargaan dengan pemberian ASI eksklusif pada bayi, sedangkan dukungan keluarga yang dominan adalah dukungan instrumental. Peran perawat di komunitas diperlukan untuk memotivasi keluarga dalam memberikan dukungan instrumental dalam pemberian ASI eksklusif.

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ABSTRACT

Exclusive breast feeding program coverage in Indonesia and Jambi is still relatively low, although Indonesian government had launched this exclusive breast feeding program in 2010 that at least 80% baby should be covered in the program. The purpose of this study was to examine the correlation between family support on exclusive breast feeding and the coverage of the program on baby in Jambi. This is descriptive correlation study used cross sectional in recruiting 70 mothers who have 0-6 months old baby. The sample was recruited using cluster sampling. The result shows that there is significant correlation between information, instrumental, emotional, and acknowledgement support on exclusive breast feeding and the most dominant on family support was instrumental support. It is recommended that nurses' role in the community is needed to motivate family in giving instrumental support in exclusive breast feeding program for baby; Exclusive breast feeding program coverage in Indonesia and Jambi is still relatively low, although Indonesian government had launched this exclusive breast feeding program in 2010 that at least 80% baby should be covered in the program. The purpose of this study was to examine the correlation between family support on exclusive breast feeding and the coverage of the program on baby in Jambi. This is descriptive correlation study used cross sectional in recruiting 70 mothers who have 0-6 months old baby. The sample was recruited using cluster sampling. The result shows that there is significant correlation between information, instrumental, emotional, and acknowledgement support on exclusive breast feeding and the

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