

Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan pada pasien adenokarsinoma rekti di Gedung Teratai lantai 4 utara RSUP Fatmawati Jakarta = The clinical practice analysis of urban health nursing on patient with rectal adenocarcinoma in the 4th north floor of Teratai Building RSUP Fatmawati Jakarta

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Abstrak

[ABSTRAK

Adenokarsinoma rekti merupakan salah satu masalah kesehatan di daerah perkotaan. Faktor gaya hidup masyarakat perkotaan seperti Western diet dan kurang aktifitas fisik menjadi faktor predisposisi penting peningkatan insiden kasus ini. Tatalaksana bedah pada kasus ini sering disertai dengan pembuatan stoma. Tujuan penulisan ini adalah menganalisa intervensi keperawatan yaitu pembersihan kantong stoma dalam mencegah terjadinya kerusakan integritas kulit pada pasien pasca operasi adenokarsinoma rekti. Hasil analisa praktik mahasiswa di ruang rawat bedah RSUP Fatmawati menunjukkan bahwa masalah iritasi kulit dan infeksi jamur dapat muncul akibat kurang tepatnya tindakan pembersihan kantong stoma. Rekomendasi penulisan ini adalah agar tindakan pembersihan kantong stoma dapat dilakukan sesuai standar dan disesuaikan dengan tipe stoma guna mengurangi resiko komplikasi dan menurunkan angka morbiditas pada pasien pasca operasi adenokarsinoma rekti.

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ABSTRACT

Rectal Adenocarcinoma is one of the health problem in urban areas. Lifestyle factor of the urban community, such as Western diet and lack of physical activity become an important predisposing factor that increase incidence of this case. The surgical management of this case is often followed by stoma surgery. This article aimed to analyze the implication of stoma bag cleaning as nursing intervention to prevent risk for impaired skin integrity in patients undergoing rectal adenocarcinoma postoperative care. The results of student practice at surgical wards of RSUP Fatmawati showed that the skin irritation and fungal infection can develop from improper process of emptying and cleaning the stoma bag. This article recommends that protocol of cleaning the stoma bag can be carried out according to the standard and suited to the type of the stoma in order to reduce complications and postoperative morbidity in patients with rectal adenocarcinoma.;Rectal Adenocarcinoma is one of the health problem in urban areas Lifestyle factor of the urban community such as Western diet and lack of physical activity become an important predisposing factor that increase incidence of this case The surgical management of this case is often followed by stoma surgery This article aimed to analyze the implication of stoma bag cleaning as nursing intervention to prevent risk for impaired skin integrity in patients undergoing rectal adenocarcinoma postoperative care The results of student practice at surgical wards of RSUP Fatmawati showed that the skin irritation and fungal infection can develop from improper process of emptying and cleaning the stoma bag This article recommends that protocol of cleaning the stoma bag can be carried out according to the standard and suited to the type of the stoma in order to reduce complications and postoperative morbidity in patients with rectal adenocarcinoma , Rectal Adenocarcinoma is one of the health problem in urban areas Lifestyle factor of the

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