

# Terapi diet sebagai intervensi untuk menurunkan kadar gula darah pada keluarga Ibu S dengan diabetes mellitus di Kelurahan Sukatani Kota Depok = Diet therapy as an intervention to decrease of blood glucose levels in Ny. S family with diabetes mellitus in Sukatani Depok

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Abstrak

[<b>ABSTRAK</b><br>

Diabetes mellitus merupakan penyakit metabolik yang ditandai dengan hiperglikemia Selain faktor genetik gaya hidup dengan konsumsi makanan yang tinggi kalori kurang sehat dan tidak teratur merupakan penyebab terjadinya penyakit diabetes mellitus Karya Ilmiah Akhir ini memberikan gambaran intervensi terapi diet untuk menurunkan dan mengontrol kadar gula darah pada penderita diabetes dengan pendekatan pelaksanaan asuhan keperawatan keluarga Hasil evaluasi menunjukkan bahwa setelah diintervensi terjadi penurunan kadar gula darah dari 356 mg dl menjadi 133 mg dl dan keluarga mendukung penderita dalam pengaturan diet sebagai terapi diabetes mellitus <hr>

<b>ABSTRACT</b><br>

Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;Diabetes mellitus is a metabolic disease characterized by hyperglycemia In addition to genetic factors lifestyle by the consumption of foods high in calories unhealthy and irregular is the cause of diabetes mellitus This Final Scientific Paper gives an overview of dietary therapy interventions to reduce and control blood glucose levels in diabetics with a family approach to the implementation of nursing care Results showed that after the intervention decreased blood glucose levels of 356 mg dl to 133 mg dl and family support patients in the diet as a therapy of diabetes mellitus;

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