

Terapi diet diabetes melitus sebagai intervensi dalam upaya penurunan gula darah pada keluarga Ibu S di Kelurahan Sukatani Kecamatan Tapos Kota Depok Jawa Barat = Diet therapy of diabetes melitus as intervention in an attempt to decrease blood sugar in the mrs s family in Sukatani Village Districts Tapos Depok City of West Java

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Abstrak

[ Nama Yuyun Setiyawati Program Studi Profesi Ners Judul Terapi Diet Diabetes Melitus Sebagai Intervensi Dalam Upaya Penurunan Gula Darah Pada Keluarga Ibu S di Kelurahan Sukatani Kecamatan Tapos Kota Depok Jawa Barat Masalah kesehatan perkotaan timbul karena perubahan pola hidup manusia sehingga merupakan akar masalah dari munculnya masalah DM di masyarakat perkotaan terutama pada agregat dewasa Karya Ilmiah Akhir ini memberikan gambaran tentang asuhan keperawatan keluarga yang dilaksanakan pada keluarga Ibu S dengan masalah ketidakefektifan pemeliharaan kesehatan terkait DM terutama tentang pengaturan diet DM Implementasi yang telah dilakukan terdiri dari implementasi yang bersifat kognitif afektif dan psikomotor dengan pendekatan lima tugas kesehatan keluarga Intervensi yang menjadi unggulan ialah pengaturan terapi diet DM Hasil evaluasi menunjukkan bahwa terjadi penurunan gula darah sewaktu pada pertemuan pertama 310 mg dl menjadi 168 mg dl pada akhir pertemuan Ibu S mampu melakukan pengaturan makan sesuai diet DM dan terdapat dukungan dari keluarga Kata kunci Diabetes Melitus Diet DM Family nursing ; ABSTRACT Name Yuyun Setiyawati Study Program Profesi Ners Title Diet Therapy of Diabetes Melitus as Intervention in An Attempt to Decrease Blood Sugar in the Mrs S Family in Sukatani Village Districts Tapos Depok City of West Java Urban health problems arise due to changes in the pattern of human life that is the root cause of the appearance of DM problems in urban communities especially in aggregate adult The final assignment describes the nursing care process of Mrs S rsquo s family with problems related to the ineffectiveness of health care particularly about the diet DM Implementation to the family is consisting of the cognitive affective and psychomotor that uses the five family health tasks Evaluation results show that there is a decrease in blood sugar when at the first meeting of 310 mg dl to 168 mg dl at the end of the meeting Mrs S is able to make arrangements to eat appropriate diet DM and there is a support from her family Keywords Diabetes mellitus Diet DM Family nursing ; ABSTRACT Name Yuyun Setiyawati Study Program Profesi Ners Title Diet Therapy of Diabetes Melitus as Intervention in An Attempt to Decrease Blood Sugar in the Mrs S Family in Sukatani Village Districts Tapos Depok City of West Java Urban health problems arise due to changes in the pattern of human life that is the root cause of the appearance of DM problems in urban communities especially in aggregate adult The final assignment describes the nursing care process of Mrs S rsquo s family with problems related to the ineffectiveness of health care particularly about the diet DM Implementation to the family is consisting of the cognitive affective and psychomotor that uses the five family health tasks Evaluation results show that there is a decrease in blood sugar when at the first meeting of 310 mg dl to 168 mg dl at the end of the meeting Mrs S is able to make arrangements to eat appropriate diet DM and there is a support from her family Keywords Diabetes mellitus Diet DM Family nursing , ABSTRACT Name Yuyun Setiyawati Study Program Profesi Ners Title Diet Therapy of Diabetes Melitus as Intervention in An Attempt to Decrease

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