

# Analisis praktik klinik peran perawat sebagai edukator pada pasien tumor otak yang menjalani radioterapi di lantai 6 perawatan umum RSPAD Gatot Soebroto Jakarta = Analysis clinical practice of nurse's role as an educator in brain tumor patient receiving radiotherapy at general care building 6th floor RSPAD Gatot Soebroto Jakarta

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## Abstrak

[Radioterapi memiliki kesan yang negatif bagi para pasien karena proses pengobatannya yang tidak terlihat dan efek samping yang dikhawatirkan Kurangnya informasi terkait radioterapi dan efek sampingnya menimbulkan ketakutan kecemasan atau depresi pada pasien Tujuan penulisan ini adalah untuk melakukan analisis praktik klinik peran perawat sebagai edukator dalam mengatasi kecemasan pada pasien tumor otak yang menjalani radioterapi Edukasi yang diberikan kepada klien mengenai manajemen efek samping terbukti membuat pasien merasa lebih tenang Rekomendasi penulisan ini ialah agar perawat melakukan peran edukator pada pasien yang menjalani radioterapi melalui pendekatan psikososial demi mengurangi dan mencegah kecemasan pasien ;Radiotherapy has its negative impression for patients because the treatment can not be seen and the adverse effects they are afraid of The lack of information regarding the side effects and how to manage them causes anxiety and depression in patients This report purposed to analyze clinical practice of nurse's role as an educator focused to anxiety management in brain tumor patient receiving radiotherapy Education about the adverse effects of radiotherapy and its management was given The result showed it can relieve patient's anxiety The recommendation for nurse is optimize nurse's role as an educator in patient receiving radiotherapy with adding psychosocial approach in order to prevent anxiety in patients ;Radiotherapy has its negative impression for patients because the treatment can not be seen and the adverse effects they are afraid of The lack of information regarding the side effects and how to manage them causes anxiety and depression in patients This report purposed to analyze clinical practice of nurse's role as an educator focused to anxiety management in brain tumor patient receiving radiotherapy Education about the adverse effects of radiotherapy and its management was given The result showed it can relieve patient's anxiety The recommendation for nurse is optimize nurse's role as an educator in patient receiving radiotherapy with adding psychosocial approach in order to prevent anxiety in patients ;Radiotherapy has its negative impression for patients because the treatment can not be seen and the adverse effects they are afraid of The lack of information regarding the side effects and how to manage them causes anxiety and depression in patients This report purposed to analyze clinical practice of nurse's role as an educator

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