

Pendekatan peaceful end of life theory dalam praktek keperawatan pada pasien kanker payudara dengan massage therapy = Peaceful end of life theory approach in nursing practice on breast cancer patient with massage therapy as evidence based nursing

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Abstrak

[ABSTRAK

Karya ilmiah akhir ini merupakan suatu analisis praktek residensi keperawatan medikal bedah, yang menganalisa kasus kelolaan utama kanker payudara, 30 kasus resume, Evidence Based Nursing (EBN), dan laporan inovasi. Pendekatan Peaceful End of Life Theory dalam pemberian asuhan keperawatan pada pasien kanker, bertujuan meningkatkan kualitas hidup pasien, bermartabat serta merasakan damai bersama orang yang disayangi menjelang akhir hidupnya. Hasil praktek menunjukkan teori PEOL sangat tepat digunakan pada pasien kanker stadium lanjut. EBN massage therapy mampu mengurangi kecemasan pada pasien kanker, sehingga dapat menjadi intervensi alternatif perawat. Inovasi tentang pengkajian subjektif Edmonton Symptom Assessment Scale (ESAS), yang terdiri dari gejala subjektif pasien, dengan grafik dan algoritmanya menuntun perawat menemukan keluhan gejala pasien sehingga menentukan intervensi yang tepat. Instrumen ESAS efektif untuk menilai gejala subjektif pasien, oleh karena itu masih perlu dikembangkan penggunaannya. Direkomendasikan agar penerapan PEOL lebih lanjut dalam asuhan keperawatan kasus kanker dengan stadium apa saja disertai penelitian terkait. Massage therapy perlu dieksplor lebih lanjut oleh perawat melalui pelatihan dengan area berbeda sehingga dapat digali efek

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