

# Laporan praktik residensi asuhan keperawatan medikal bedah dengan pendekatan model adaptasi Roy evidence based nursing practice dan inovasi pada klien dengan gangguan muskuloskeletal = Residency practical report of medical and surgical nursing using roy adaptation model evidence based nursing practice and innovation on patients with musculoskeletal disorder

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## Abstrak

[Laporan ini merupakan hasil analisis kegiatan praktek residensi dalam bentuk Karya Ilmiah Akhir (KIA) menggunakan pendekatan Model Adaptasi Roy. Laporan ini terdiri dari laporan kasus utama, laporan 30 kasus resume, laporan Evidence based Nursing Practice (EBNP), dan proyek inovasi. Hasil penerapan model adaptasi Roy meningkatkan efisiensi dan efektifitas asuhan keperawatan. Hasil penerapan EBNP menunjukkan bahwa usapan Chlorhexidine Gluconat 2% tanpa bilas mampu mencegah SSI. Hasil penerapan proyek inovasi menunjukkan bahwa program discharge planning mampu menurunkan kecemasan dan meningkatkan kepatuhan klien terhadap program perioperatif. Hasil analisis menunjukkan bahwa menggunakan Model adaptasi Roy dalam proses keperawatan, menggunakan Chlorhexidine Gluconat 2% dalam pencegahan infeksi dan menerapkan Discharge Planning perioperatif mampu mengantarkan klien mencapai respon adaptif., This report is the result of residency practical analysis as a final report using a Roy adaptation model. This report include main case report, 30 case resume report, Evidence based Nursing Practice (EBNP) and innovation project. The result of using a Roy adaptation model increase efficiency and effectivity of nursing care. The result of EBNP programe show that no-rinse Chlorhexidine Gluconat 2% bath-cloth was avoiding SSI. The result of implementation innovation program show that Discharge Planning programe reduce anxiety and increase patient's adherence on peri-operative program. This analysis describe that Roy adaptation model on nursing proces, Chlorhexidine Gluconat 2% bath-cloth norinse avoiding SSI, and Discharge planning on peri-operative program are effective for patient to get adaptive response.]