

Aplikasi Teori Transcultural Nursing dalam Memenuhi Kebutuhan Perilaku Tidur-Terjaga Bayi Prematur di Ruang Perinatologi RSUPN Cipto Mangunkusumo Jakarta = The Application of Transcultural Nursing Theory to Fulfill Sleep Awake Behaviour of Preterm Infants in Perinatology Unit at Cipto Mangunkusumo Hospital Jakarta

Deisy Sri Hardini, author

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Abstrak

Penulisan Karya Ilmiah Akhir ini bertujuan untuk menggambarkan penerapan teori Transcultural Nursing dalam memenuhi kebutuhan perilaku tidur-terjaga bayi prematur. Perilaku tidur-terjaga merupakan hal penting karena menggambarkan kematangan sistem neurobehavior yang mendukung pertumbuhan dan perkembangan. Pendekatan transkultural yang dapat dilakukan untuk memenuhi kebutuhan perilaku tidur-terjaga bayi prematur yaitu melalui pemberian stimulasi biological maternal sound (BMS). Pemberian stimulasi BMS melalui pendekatan keperawatan transkultural menggambarkan kemampuan Ners Spesialis Keperawatan Anak dalam perannya sebagai praktisi, pengelola, pendidik kesehatan, dan peneliti.

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The aim of this paper was to describe the application of Transcultural Nursing Theory to fulfill sleep-awake behaviour of preterm infants. Sleep-awake behaviour was the important thing because it was a reflection of the maturity of neurobehaviour system that supports growth and development. Transcultural approach that can be done to fulfill the sleep-awake behaviour of preterm infants by giving biological maternal sound stimulation (BMS). BMS through transcultural nursing approach described the competency of pediatric Nurse Specialist as care giver, manager, health educator, and researcher.