

# Efek logoterapi dan psikoedukasi keluarga terhadap ketidakberdayaan klien penyakit kronis dengan pendekatan orem's self care model di rumah sakit umum = Effects logotherapy and family psychoeducation against helplessness clients with chronic disease approach orem's self care model in general hospital

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## Abstrak

Ketidakberdayaan pada penyakit kronis terjadi akibat faktor fisiologis, manajemen pengobatan, proses kehilangan, kurangnya pengetahuan, sistem perawatan kesehatan, isu sosial, kurangnya sumber diluar individu, ketidakpastian dan budaya (Lukbin & Larsen, 2013). Tujuan karya ilmiah akhir adalah mengetahui efek logoterapi dan psikoedukasi keluarga terhadap ketidakberdayaan klien penyakit kronis yang dirawat di rumah sakit umum melalui pendekatan Orem's Selfcare Model. Tindakan keperawatan logoterapi dan psikoedukasi keluarga diberikan kepada 17 klien dengan penyakit kronis yang dirawat 3 - 6 hari dan 7 klien yang dirawat 1-2 hari. Pelaksanaan logoterapi pada klien dan psikoedukasi keluarga pada caregiver dapat menurunkan tanda dan gejala ketidakberdayaan, meningkatkan kemampuan klien dan keluarga dalam mengatasi ketidakberdayaan dan selfcare klien. Rerata peningkatan kemampuan 17 klien yang dirawat 3 - 6 hari lebih tinggi dibandingkan dengan 7 klien yang dirawat 1-2 hari. Karya ilmiah ini direkomendasikan untuk klien ketidakberdayaan akibat penyakit kronis.

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Powerlessness in chronic diseases caused by physiological factors, medication management, process loss, lack of knowledge, health care systems, social issues, lack of resources beyond the individual, and cultural uncertainty (Lukbin & Larsen, 2013). The purpose of this final scientific work was to determine the effects of logotherapy and family psychoeducation to client's powerlessness in chronic diseases were treated in public hospitals through Orem's Selfcare Model approach. Nursing implementations logotherapy and family psychoeducation provided to 17 clients with chronic illness who were treated 3-6 days and 7 clients were treated 1-2 days. The results of the implementation of logotherapy on the client and the caregiver's family psychoeducation may reduce signs and symptoms of powerlessness, increased ability to cope client and their families with powerlessness and selfcare. The mean increase in the ability of 17 clients who where treated 3-6 days higher than the 7 clients were treated 1-2 days. Scientific work is recommended for clients powerlessness due to chronic illness.