

# Penerapan Latihan Keterampilan Sosial Dan Psikoedukasi Keluarga pada Klien Isolasi Sosial Menggunakan Pendekatan Modeling dan Role Modeling di Rumah Sakit Jiwa = Application of Social Skills Training and Family Psychoeducation in Clients Social Isolation by Modeling and Role Modeling Approach in Mental Hospital

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## Abstrak

[Diagnosis keperawatan yang ditemukan pada klien skizofrenia salah satunya adalah isolasi sosial. Tujuan Karya ilmiah adalah diketahui hasil penerapan latihan keterampilan sosial dan psikoedukasi keluarga pada klien isolasi sosial menggunakan pendekatan Modeling dan Role Modeling. Tindakan keperawatan yang diberikan berupa tindakan keperawatan generalis dan spesialis latihan keterampilan sosial pada 19 klien dan keluarga sedangkan pada kelompok kedua yaitu tindakan keperawatan generalis dan spesialis latihan keterampilan sosial dan psikoedukasi keluarga pada 6 klien dan keluarga. Hasilnya menunjukkan bahwa kelompok yang mendapatkan tindakan generalis, latihan keterampilan sosial dan psikoedukasi keluarga lebih besar menurunkan tanda dan gejala serta peningkatan kemampuan sosialisasi dibandingkan pada kelompok yang mendapatkan tindakan keperawatan generalis dan latihan keterampilan sosial. Hasil Karya ilmiah ini direkomendasikan untuk dilakukannya tindakan keperawatan latihan keterampilan sosial dan psikoedukasi keluarga pada klien isolasi sosial di Rumah Sakit Jiwa.

.....Nursing diagnosis found in schizophrenia clients one of which is social isolation. The purpose of final scientific is known to the results of applying social skills training and family psychoeducation for client social isolation approach by Modeling and Role Modeling. Nursing actions are generalist and specialist social skill training for 19 clients and family while in the second group are generalist nursing actions and specialist social skills training and family psychoeducation for 6 clients. The results showed that the decrease in signs and symptoms as well as improvement of social skills in second group receiving generalist nursing action, social skills training and family psychoeducation compared with the first group receiving generalist nursing actions and social skills training. The results of this final scientific is recommended for action nursing social skills training and family psychoeducation for client social isolation in Mental Hospital., Nursing diagnosis found in schizophrenia clients one of which is social isolation. The purpose of final scientific is known to the results of applying social skills training and family psychoeducation for client social isolation approach by Modeling and Role Modeling. Nursing actions are generalist and specialist social skill training for 19 clients and family while in the second group are generalist nursing actions and specialist social skills training and family psychoeducation for 6 clients. The results showed that the decrease in signs and symptoms as well as improvement of social skills in second group receiving generalist nursing action, social skills training and family psychoeducation compared with the first group receiving generalist nursing actions and social skills training. The results of this final

scientific is recommended for action nursing social skills training and family psychoeducation for client social isolation in Mental Hospital.]