

# Analisis Deskriptif Asuhan Keperawatan Model Adaptasi Roy Evidence, Based Terapi Musik dan Edukasi Interaktif pada Pasien Gangguan Sistem Perkemihan = Descriptive Analysis Of Nursing Care Using Roy's Adaptation Model, Evidence Based Music Therapy and Interactive Booklet S Education on Patient with Urinary System Disorders

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## Abstrak

[Karya ilmiah akhir ini merupakan laporan praktik residensi keperawatan medikal bedah yang telah dilaksanakan selama dua semester. Pelaksanaan praktik residensi meliputi praktikan sebagai pemberi asuhan keperawatan langsung, sebagai peneliti dimana melaksanakan tindakan keperawatan mandiri dengan basis pembuktian ilmiah serta melakukan proyek inovasi sebagai upaya pengembangan intervensi keperawatan. Asuhan keperawatan pasien yang mengalami gangguan sistem perkemihan menerapkan teori adaptasi Roy dikarenakan gangguan sistem perkemihan yang dikelola memunculkan perubahan perilaku pasien sehingga memerlukan pengelolaan asuhan keperawatan yang profesional agar pasien mampu beradaptasi dengan adaptif sesegera mungkin. Masalah keperawatan yang sering ditemukan pada yaitu kelebihan volume cairan tubuh aktual/resiko, ketidakseimbangan nutrisi kurang, gangguan mobilitas fisik, kerusakan integritas kulit aktual, nyeri, cemas dan koping tidak efektif. Tindakan keperawatan berbasis pembuktian ilmiah terapi musik dalam menurunkan kecemasan pasien pre operatif urologi, hasil penerapan diperoleh terapi musik menurunkan kecemasan dengan rata-rata penurunan kecemasan 5,7. Hasil proyek inovasi menunjukkan secara umum pasien memiliki persepsi terhadap edukasi dengan booklet interaktif yang sudah dilakukan adalah sangat baik dan baik untuk digunakan. Disarankan model adaptasi Roy dapat diterapkan pada pasien dengan gangguan sistem perkemihan terutama penyakit kronis sistem perkemihan, terapi musik dapat dilakukan untuk menurunkan kecemasan pasien pre operatif urologi dan edukasi dengan booklet interaktif sebagai media penyampaian edukasi perawatan diri pada pasien yang menjalani hemodialisis rutin adalah tepat mengenai sasaran dan sesuai dengan yang dibutuhkan oleh pasien.];The purpose of this final scientific report is to describe series of activities in clinical practice residency in medical surgical nursing that had been conducted for 2 semesters. Three main activities of residency practitioner were providing of direct nursing care on urinary system disorders, implementing evidence based as a researcher and innovating projects as the development of nursing intervention efforts. Practitioner applied Roy's adaptation theory to manage nursing care of patients with urinary system disorders due to run led to changes in patient

behavior that required professional management of nursing care so that the patient was able to adapted as soon possible. The common nursing problems in patinet with urinary system disorders were actual/risk excess fluid volume, imbalanced nutrition: less than body requirements, impaired physical mobility, actual/risk impaired skin integrity, pain, anxiety and ineffective coping. The implemntation of evidence-based nursing practice that music therapy in reducing preoperative anxiety urology patients, the result that grouping following music therapy reduced anxiety score averages between the grouping with an average decline of 5,7. The innovation projects was used interactive booklet for education patient undergoing on hemodialysis. The result of innovation showed generally the perception of patient was very well and good to be used interactive booklet for education to improved management self. Suggested Roy adaptation model can be applied to patients with chronic urinary diseases especially chronic kidney disease, music therapy can be done to reduce preoperative anxiety urology and interactive booklet is the right media to educate patients undergoing hemodialysis., The purpose of this final scientific report is to describe series of activities in clinical practice residency in medical surgical nursing that had been conducted for 2 semesters. Three main activities of residency practician were providng of direct nursing care on urinary system disorders, implementing evidence based as a researcher and innovating projects as the development of nursing intervention efforts. Practician applied Roy's adaptation theory to manage nursing care of patients with urinary system disorders due to run led to changes in patient behavior that required professional management of nursing care so that the patient was able to adapted as soon possible. The common nursing problems in patinet with urinary system disorders were actual/risk excess fluid volume, imbalanced nutrition: less than body requirements, impaired physical mobility, actual/risk impaired skin integrity, pain, anxiety and ineffective coping. The implemntation of evidence-based nursing practice that music therapy in reducing preoperative anxiety urology patients, the result that grouping following music therapy reduced anxiety score averages between the grouping with an average decline of 5,7. The innovation projects was used interactive booklet for education patient undergoing on hemodialysis. The result of innovation showed generally the perception of patient was very well and good to be used interactive booklet for education to improved management self. Suggested Roy adaptation model can be applied to patients with chronic urinary diseases especially chronic kidney disease, music therapy can be done to reduce preoperative anxiety urology and interactive booklet is the right media to educate patients undergoing hemodialysis.]